Title X in Maine

IMPROVING PUBLIC HEALTH AND SAVING TAXPAYER DOLLARS

Maine’s Title X providers served

23,427 people
in 2017.

As of September 1, 2018, the Office of Population Affairs (OPA) provided Title X service delivery grants to Maine Family Planning to support access to family planning and sexual health services in Maine. Despite Title X’s significant public health benefits for communities, funding cuts and attempts to weaken the program’s high standards of care threaten the provider network.

Title X helps ensure high-quality preventive health care to poor, low-income, and uninsured individuals who may otherwise lack access to care. Everyone deserves affordable, quality sexual and reproductive health care from the provider of their choice, regardless of their economic or insurance status.

- Of the 23,427 people served in Maine in 2017, 80% had incomes below 250% of the federal poverty line (FPL). Furthermore, 36% of patients had incomes at or below FPL ($12,060 for an individual that year).

- Nationwide, Congress appropriated just $286.5 million in fiscal year (FY) 2019 versus $317.5 million in FY 2010. These cuts have impacted service providers’ ability to meet the demand for family planning and sexual health services. In 2017, OPA provided $1,965,000 to support 42 service sites across Maine.

Title X Saves Federal and State Money

Without Title X, many low-income people in Maine would not have access to high-quality family planning services. In addition to direct clinical services, Title X supports critical needs that are not reimbursable under Medicaid and commercial insurance, such as staff salaries and training, community outreach, and public education about family planning and sexual health issues. Furthermore, patients rely on Title X’s strict confidentiality protections to ensure safe access to sensitive clinical services.

In 2010, services provided at Title X health centers in Maine saved the state and federal government $25,397,000. These savings came from preventing sexually transmitted diseases (including HIV), cervical cancer, and unintended pregnancies. At a national level, savings from Title X services totaled $7 billion that year.
Title X: Essential to Improving Public Health and Saving Taxpayer Dollars in Maine

Family planning care helps patients prevent sexually transmitted diseases and plan the timing of their pregnancies, which helps them meet their educational and economic goals and, ultimately, have better health outcomes. The health centers in the Title X network offer gold-standard health care by operating in line with Providing Quality Family Planning Services: Recommendations from Centers for Disease Control and Prevention and the US Office of Population Affairs, which was last updated in 2017.

- In 2010, 37 of every 1,000 Maine women ages 15-44 had an unintended pregnancy.\(^4\) Title X provides the sexuality education and contraceptive services and supplies that can help lower this rate.

- In 2017, there were 4,555 newly diagnosed chlamydia cases, 620 newly diagnosed gonorrhea cases, and 65 newly diagnosed syphilis cases in Maine.\(^5\) In 2015, an estimated 1,500 Maine residents ages 13 and above were living with HIV. Title X service sites provide critical education, testing, and outreach services to prevent the spread of these infections.\(^6\)

- In 2017, 8% of Maine residents were uninsured, 20% were enrolled in Medicaid or the Children’s Health Insurance Program,\(^7\) and 12% had incomes below FPL.\(^8\) Title X providers are often some of only a few family planning providers that accept Medicaid.

Additional cuts to, or restrictions on, the Title X provider network would harm tens of thousands of poor and low-income people and families across Maine, in turn costing, not saving, the government money.

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