

Title X in Vermont Improving Public Health and Saving Taxpayer Dollars

Between FY2005 – FY2015, funding for Title X was cut by \$150 million – 10% in ten fiscal years.

Title X Served 8,398 Vermont Residents in 2015

Planned Parenthood of Northern New England and the Vermont Department of Maternal and Child Health are the Title X grantees in Vermont, ⁱ supporting nine Title X-funded health centers across the state, all of which are Planned Parenthood service sites.ⁱⁱ The Title X network served 7,525 women and 873 men, for a total of 8,398 residents of Vermont in 2015.ⁱⁱⁱ

Title X provides high-quality family planning services and other preventive health care to low-income and uninsured individuals who may otherwise lack access to health care.

- Of the 8,398 patients served, **44%** had incomes at or below 100% of the federal poverty level (FPL), ^{iv} *meaning they earned \$11,770 a year or less.* ^v
- **Seventy-five percent** of Title X patients in Vermont *earned less than \$29,425.* ^{vi} a year (250% of the FPL).^{vii}

Title X Saves Vermont's Taxpayer Dollars

Title X supports critical infrastructure needs that are not reimbursable under Medicaid and commercial insurance, such as staff salaries, individual patient education, community-level outreach, and public education about family planning, women's health, and sexual health issues. Without Title X, access to high-quality family planning services for low-income Vermont residents would not be possible.

- The average cost of a Medicaid-funded birth is \$10,857.^{viii} In 2010, births resulting from unintended pregnancies cost Vermont's taxpayers \$31.4 million.^{ix}
- The Title X program helps alleviate the costs of unintended pregnancy through contraception, counseling, and other services.^x

Title X is Essential to Improving Public Health and Saving Taxpayer Dollars in Vermont

Cutting funding for family planning services will lead to more unintended pregnancies and higher health care costs in Vermont. Family planning helps women and families plan the timing and spacing of their pregnancies, which results in better educational attainment and economic security; these, in turn, are linked to better health outcomes for women, men, and families.

- Family planning services at Vermont's Title X-funded health centers helped prevent 1,900 unintended pregnancies in 2014, which would likely have resulted in 900 unintended births and 700 abortions.^{xi}
- Without publicly funded family planning, the number of unintended pregnancies in Vermont would be 48% higher.^{xii}
- Title X-funded services produce significant cost savings to the federal and state governments; services provided at Title X-supported sites in Vermont accounted for nearly \$6.3 million in such savings in 2010 alone.^{xiii}

Vermont's Title X-funded health centers provide a wide range of services:

- Pregnancy testing
- Contraceptive services
- Pelvic exams
- Screening for cervical and breast cancer
- Screening for high blood pressure, anemia, and diabetes
- Screening for STDs and HIV/AIDS
- Infertility services
- Health education
- Referrals for other health and social services

Additional cuts to Title X funding—especially in the current economy—would harm thousands of low-income and poor families throughout Vermont, in turn costing, not saving, the federal government money.

ⁱ Department of Health and Human Services. *Title X Family Planning Directory of Grantees*. August 2016. Accessed December 1, 2016. <http://www.hhs.gov/opa/sites/default/files/title-x-directory-grantees.pdf>.

ⁱⁱ "Impact of Title X Funding Cuts in Vermont." National Family Planning and Reproductive Health Association. Last modified September 2016. Accessed December 1, 2016. http://www.nationalfamilyplanning.org/file/Vermont_ImpactMap_FactSheet_R8.pdf.

ⁱⁱⁱ Department of Health and Human Services Office of Population Affairs. *Title X Family Planning Annual Report 2015 National Summary*. August 2016. Accessed December 1, 2016. <http://www.hhs.gov/opa/sites/default/files/title-x-fpar-2015.pdf>.

^{iv} *Ibid.*

^v Department of Health and Human Services Office of the Assistant Secretary for Planning and Evaluation. "2015 Poverty Guidelines." Last modified September 3, 2015. Accessed December 1, 2016. <https://aspe.hhs.gov/2015-poverty-guidelines>.

^{vi} *Title X Family Planning Annual Report 2015 National Summary*.

^{vii} "2015 Poverty Guidelines."

^{viii} "Guttmacher Institute Data Center." *Guttmacher Institute*. <https://data.guttmacher.org/states/table?dataset=data>.

^{ix} *Ibid.*

^x Guttmacher Institute, *Contraceptive Needs and Services, 2010*, accessed September 15, 2015, <https://www.guttmacher.org/pubs/win/contraceptive-needs-2013.pdf>.

^{xi} Guttmacher Institute Data Center.

^{xii} Guttmacher Institute. "State Facts on Publicly Funded Family Planning Services: Vermont." Guttmacher. Last modified September 2016. Accessed December 1, 2016. <https://www.guttmacher.org/fact-sheet/state-facts-publicly-funded-family-planning-services-vermont>.

^{xiii} Guttmacher Institute Data Center.

For more information, please contact the National Family Planning & Reproductive Health Association at (202) 293-3114 or visit www.nationalfamilyplanning.org.