

## Title X in Iowa Improving Public Health and Saving Taxpayer Dollars

**Between FY2005 – FY2015, funding for Title X was cut by \$150 million – 10% in ten fiscal years.**

### Title X Served 42,450 Iowa Residents in 2015

The Iowa Department of Public Health and the Family Planning Council of Iowa are the Title X grantees in Iowa, <sup>i</sup> supporting 51 Title X-funded health centers across the state including hospitals, local health department service sites, Planned Parenthoods, and other private non-profits.<sup>ii</sup> The Title X network served 39,465 women and 2,985 men, for a total of 42,450 residents of Iowa in 2015.<sup>iii</sup>

*Title X provides high-quality family planning services and other preventive health care to low-income and uninsured individuals who may otherwise lack access to health care.*

- Of the 42,450 patients served, **63%** had incomes at or below 100% of the federal poverty level (FPL), <sup>iv</sup> *meaning they earned \$11,770 a year or less.* <sup>v</sup>
- **Eighty-two percent** of Title X patients in Iowa *earned less than \$29,425.* <sup>vi</sup> a year (250% of the FPL).<sup>vii</sup>

### Title X Saves Iowa's Taxpayer Dollars

Title X supports critical infrastructure needs that are not reimbursable under Medicaid and commercial insurance, such as staff salaries, individual patient education, community-level outreach, and public education about family planning, women's health, and sexual health issues. Without Title X, access to high-quality family planning services for low-income Iowans would not be possible.

- The average cost of a Medicaid-funded birth is \$13,894.<sup>viii</sup> In 2010, births resulting from unintended pregnancies cost Iowa's taxpayers \$175.8 million.<sup>ix</sup>
- The Title X program helps alleviate the costs of unintended pregnancy through contraception, counseling, and other services.<sup>x</sup>

## Title X is Essential to Improving Public Health and Saving Taxpayer Dollars in Iowa

Cutting funding for family planning services will lead to more unintended pregnancies and higher health care costs in Iowa. Family planning helps women and families plan the timing and spacing of their pregnancies, which results in better educational attainment and economic security; these, in turn, are linked to better health outcomes for women, men, and families.

- Family planning services at Iowa's Title X-funded health centers helped prevent 10,500 unintended pregnancies in 2014, which would likely have resulted in 5,100 unintended births and 3,800 abortions.<sup>xi</sup>
- Without publicly funded family planning, the number of unintended pregnancies in Iowa would be 46% higher.<sup>xii</sup>
- Title X-funded services produce significant cost savings to the federal and state governments; services provided at Title X-supported sites in Iowa accounted for nearly \$109.7 million in such savings in 2010 alone.<sup>xiii</sup>

### *Iowa's Title X-funded health centers provide a wide range of services:*

- Pregnancy testing
- Contraceptive services
- Pelvic exams
- Screening for cervical and breast cancer
- Screening for high blood pressure, anemia, and diabetes
- Screening for STDs and HIV/AIDS
- Infertility services
- Health education
- Referrals for other health and social services

**Additional cuts to Title X funding—especially in the current economy—would harm tens of thousands of low-income and poor families throughout Iowa, in turn costing, not saving, the federal government money.**

<sup>i</sup> Department of Health and Human Services. *Title X Family Planning Directory of Grantees*. August 2016. Accessed December 1, 2016. <http://www.hhs.gov/opa/sites/default/files/title-x-directory-grantees.pdf>.

<sup>ii</sup> "Impact of Title X Funding Cuts in Iowa." National Family Planning and Reproductive Health Association. Last modified September 2016. Accessed December 1, 2016. [http://www.nationalfamilyplanning.org/file/Iowa\\_ImpactMap\\_FactSheet\\_R4.pdf](http://www.nationalfamilyplanning.org/file/Iowa_ImpactMap_FactSheet_R4.pdf).

<sup>iii</sup> Department of Health and Human Services Office of Population Affairs. *Title X Family Planning Annual Report 2015 National Summary*. August 2016. Accessed December 1, 2016. <http://www.hhs.gov/opa/sites/default/files/title-x-fpar-2015.pdf>.

<sup>iv</sup> *Ibid.*

<sup>v</sup> Department of Health and Human Services Office of the Assistant Secretary for Planning and Evaluation. "2015 Poverty Guidelines." Last modified September 3, 2015. Accessed December 1, 2016. <https://aspe.hhs.gov/2015-poverty-guidelines>.

<sup>vi</sup> *Title X Family Planning Annual Report 2015 National Summary*.

<sup>vii</sup> "2015 Poverty Guidelines."

<sup>viii</sup> "Guttmacher Institute Data Center." *Guttmacher Institute*. <https://data.guttmacher.org/states/table?dataset=data>.

<sup>ix</sup> *Ibid.*

<sup>x</sup> Guttmacher Institute, *Contraceptive Needs and Services, 2010*, accessed September 15, 2015, <https://www.guttmacher.org/pubs/win/contraceptive-needs-2013.pdf>.

<sup>xi</sup> Guttmacher Institute Data Center.

<sup>xii</sup> Guttmacher Institute. "State Facts on Publicly Funded Family Planning Services: Iowa." Guttmacher. Last modified September 2016. Accessed December 1, 2016. <https://www.guttmacher.org/fact-sheet/state-facts-publicly-funded-family-planning-services-iowa>.

<sup>xiii</sup> Guttmacher Institute Data Center.

*For more information, please contact the National Family Planning & Reproductive Health Association at (202) 293-3114 or visit [www.nationalfamilyplanning.org](http://www.nationalfamilyplanning.org).*