

WHY DOES HEALTH INSURANCE MATTER?

Nobody plans to get sick or injured, but accidents and illness happens. With insurance, you have the peace of mind of knowing that you can get the care you need without having to worry about huge medical bills. And you can get preventative care too, which means you're better able to catch small issues before they become big problems—and even bigger bills.

The Affordable Care Act, sometimes called "Obamacare," makes health insurance more accessible for millions of people who are uninsured and provides new benefits for all Americans. Even if you were turned down for health insurance in the past, you may qualify now.

The law also requires most Americans to have health insurance or pay a fine.

Some people are exempt but you have to apply.

To learn more and sign up for coverage, visit **healthcare.gov**



For more information or to order more resources, contact:

National Family Planning
& Reproductive Health Association
(202) 293-3114 ext. 226
Email: getcovered@nfprha.org

HEALTH COVERAGE THAT FITS **YOUR** NEEDS & BUDGET



YOU CAN ENROLL ANYTIME, BUT WHY WAIT?

Your State or County insurance program and the Children's Health Insurance Program (CHIP) offer low-cost or free health insurance for you and your family. Eligibility depends on your income, the number of people in your family and the rules in your state.

To learn more
and receive local help:

- ▶ Speak to this health center's staff
- ▶ Visit [healthcare.gov](https://www.healthcare.gov)
- ▶ Call **1-800-318-2596**



MEDICAID & CHIP ... WHO MAY BE ELIGIBLE?

- ✓ Children and teens up to age 19
- ✓ Parents and other adults
- ✓ Pregnant women
- ✓ People with disabilities
- ✓ Youth "aging out" of foster care
- ✓ US citizens and lawfully present immigrants

WHEN YOU ENROLL YOU GET:

- ✓ Doctor visits
- ✓ Hospital stays
- ✓ Preventive care, such as family planning, immunizations and mammograms
- ✓ Maternity and newborn care, like services during pregnancy and after your baby is delivered, including breastfeeding support
- ✓ Mental health care
- ✓ Needed medications
- ✓ Children get vision and dental care (some adults, too)