

BENCHMARK NATIONAL CLINICAL PRACTICE GUIDELINES FOR FAMILY PLANNING & SEXUAL HEALTH SERVICES PROVIDERS

TOPIC	SOURCE	REFERENCE	LINK
CONTRACEPTIVE SERVICES			
US Medical Eligibility Criteria (MEC)	Centers for Disease Control & Prevention (CDC), 2024	Nguyen AT, Curtis KM, Tepper NK, et al. U.S. Medical Eligibility Criteria for Contraceptive Use, 2024. <i>MMWR Recomm Rep</i> . 2024 Aug 8;73(4):1-126. doi: 10.15585/mmwr.rr7304a1.	https://www.cdc.gov/mmwr/volumes/73/rr/pdfs/rr7304a1-H.pdf
US Selected Practice Recommendations (SPR)	CDC, 2024	Curtis KM, Nguyen AT, Tepper NK, et al. U.S. Selected Practice Recommendations for Contraceptive Use, 2024. <i>MMWR Recomm Rep</i> . 2024 Aug 8;73(3):1-77. doi: 10.15585/mmwr.rr7303a1.	https://www.cdc.gov/mmwr/volumes/73/rr/pdfs/rr7303a1-H.pdf
Quality Family Planning Guidelines (QFP)	CDC & Office of Population Affairs (OPA), 2014	Gavin L, Moskosky S, Carter, M, et al. Providing Quality Family Planning Services: Recommendations of the CDC and the OPA. <i>MMWR Recomm Rep</i> . 2014; 63(RR-04):1-54.	https://www.cdc.gov/mmwr/pdf/rr/rr6304.pdf
Adolescents and LARC Use	American College of Obstetrics & Gynecology (ACOG), 2018	ACOG Committee Opinion No. 735: Adolescents and Long-Acting Reversible Contraception: Implants and Intrauterine Devices. <i>Obstet Gynecol</i> 2018;131(5):e130-e139.	https://pubmed.ncbi.nlm.nih.gov/29683910/
Adolescent Pregnancy, Contraception, and Sexual Activity	ACOG, 2017	ACOG Committee Opinion No. 699: Adolescent Pregnancy, Contraception, and Sexual Activity. Committee on Adolescent Health Care. <i>Obstet Gynecol</i> 2017 May;129(5):e142-e149.	https://pubmed.ncbi.nlm.nih.gov/28426620/
Immediate Postpartum LARC	ACOG, 2016	ACOG Committee Opinion No. 670: Immediate Postpartum Long-Acting Reversible Contraception. ACOG Committee on Obstetric Practice. <i>Obstet Gynecol</i> 2016 Aug;128(2):e32-7.	https://pubmed.ncbi.nlm.nih.gov/27454734/
Immediate Postpartum LARC	Society for Maternal-Fetal Medicine (SMFM), 2019	Vricella LK, Gawron LM, Louis JM. SMFM Consult Series No. 48: Immediate postpartum long-acting reversible contraception for women at high risk for medical complications. <i>Am J Obstet Gynecol</i> 2019;220:B2-B12.	https://pubmed.ncbi.nlm.nih.gov/30738885/
Immediate Postpartum IUD	Society of Family Planning (SFP), 2018	Whitaker AK, Chen BA. Society of Family Planning Guidelines: Postplacental insertion of intrauterine devices. <i>Contraception</i> 2018 Jan;97(1):2-13.	https://pubmed.ncbi.nlm.nih.gov/28987293/
Female contraceptive sterilization	ACOG, 2019	ACOG Practice Bulletin No. 208: Benefits and Risks of Sterilization. <i>Obstet Gynecol</i> 2019 Mar;133(3):e194-e207.	https://pubmed.ncbi.nlm.nih.gov/30640233/
Vasectomy	American Urological Association (AUA), 2012	Sharlip ID, Belker AM, Honig S, et al. Vasectomy: AUA Guideline. American Urological Association. <i>J. Urol</i> . 2012 Dec;188(6 Suppl):2482-2491.	https://pubmed.ncbi.nlm.nih.gov/23098786/

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SEXUALLY TRANSMITTED INFECTIONS			
STI Treatment Guidelines, 2021	CDC, 2021	Sexually Transmitted Infections Treatment Guidelines, 2021. <i>MMWR Recomm Rep.</i> July 2021; 70(4):1-192.	https://www.cdc.gov/std/treatment-guidelines/STI-Guidelines-2021.pdf
A Guide to Taking a Sexual History	CDC, 2021	CDC. A Guide to Taking a Sexual History. Atlanta, GA: US Department of Health and Human Services, CDC.	https://www.cdc.gov/std/treatment/SexualHistory.pdf
STD Quality Clinical Services (QCS)	CDC, 2020	Barrow RY, Ahmed F, Bolan GA, et al. Recommendations for Providing Quality STD Clinical Services, 2020. <i>MMWR Recomm Rep.</i> 2020;68(RR-5):1-20.	https://www.cdc.gov/mmwr/volumes/68/rr/pdfs/rr6805a1-H.pdf
Doxycycline Post-Exposure Prophylaxis (Doxy-PEP)	CA Dept of Public Health (CDPH), 2023	Jacobson, K. Doxy-PEP for the Prevention of Bacterial STIs. Sacramento, CA: STD Control Branch, CDPH.	https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/CDPH-Doxy-PEP-Recommendations-for-Prevention-of-STIs.pdf

CERVICAL CANCER SCREENING, DIAGNOSIS, & MANAGEMENT			
Cervical Cancer Screening, US Preventive Services Task Force (USPSTF)	USPSTF, 2018	Screening for Cervical Cancer: US Preventive Services Task Force Recommendation Statement. <i>JAMA</i> 2018;320(7):674-686.	https://pubmed.ncbi.nlm.nih.gov/30140884/
Cervical Cancer Screening, ACOG	ACOG, 2016	ACOG Practice Bulletin No. 168 Summary: Cervical Cancer Screening and Prevention. <i>Obstet Gynecol</i> 2016 Oct; 128(4):e111-e130.	https://pubmed.ncbi.nlm.nih.gov/27661651/
Cervical Cancer Screening, American Cancer Society (ACS)	ACS, 2020	Frontham ETH, Wolf AMD, Church TR, et al. Cervical cancer screening for individuals at average risk: 2020 guideline update from the American Cancer Society. <i>CA: Cancer J. Clin</i> 2020 Sep;70(5):321-346.	https://pubmed.ncbi.nlm.nih.gov/32729638/
Management of abnormal results	American Society for Colposcopy and Cervical Pathology (ASCCP), 2020	Perkins RB, Guido RS, Castle PE, et al. 2019 ASCCP Risk-Based Management Consensus Guidelines for Abnormal Cervical Cancer Screening Tests and Cancer Precursors. <i>Low Genit Tract Dis.</i> 2020 Apr;24(2):102-131.	https://pubmed.ncbi.nlm.nih.gov/32243307/
HPV vaccination	CDC Advisory Committee on Immunization Practices (ACIP), 2019	Meites E, Szilagyi PG, Chesson HW, et al. HPV Vaccination for Adults: Updated Recommendations of the ACIP. <i>MMWR Recomm Rep.</i> 2019 Aug 16;68(32):698-702.	https://pubmed.ncbi.nlm.nih.gov/31415491/

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BREAST CANCER SCREENING, DIAGNOSIS, & MANAGEMENT			
Breast Cancer Screening, USPSTF	USPSTF, 2024	Screening for Breast Cancer: US Preventive Services Task Force Recommendation Statement. <i>JAMA</i> 2024 Jun 11;331(22):1918-1930. doi: 10.1001/jama.2024.5534.	https://pubmed.ncbi.nlm.nih.gov/38687503/
Breast Cancer Screening, ACOG	ACOG, 2017	ACOG Practice Bulletin No. 179: Breast Cancer Risk Assessment and Screening in Average-risk Women. <i>Obstet Gynecol</i> 2017 Jul; 130(1):e1-e16.	https://pubmed.ncbi.nlm.nih.gov/28644335/
Breast Cancer Screening, ACS	ACS, 2015	Oeffinger KC, Fontham ET, Etzioni R, et al. Breast Cancer Screening for Women at Average Risk: 2015 Guideline Update from the American Cancer Society. <i>JAMA</i> 2015 Oct 20;314(15):1599-1614.	https://pubmed.ncbi.nlm.nih.gov/26501536/
Breast Density Guidelines	ACOG, 2016	ACOG Committee Opinion No. 625: Management of Women with Dense Breasts Diagnosed by Mammography. <i>Obstet Gynecol</i> 2015; 125:750-751.	https://pubmed.ncbi.nlm.nih.gov/38687503/
Management of Breast Conditions	ACOG, 2016	ACOG Practice Bulletin No. 64: Diagnosis and Management of Benign Breast Disorders. <i>Obstet Gynecol</i> 2016;127 (6):e141-e156.	https://pubmed.ncbi.nlm.nih.gov/28644335/

ACHIEVING PREGNANCY & INFERTILITY			
Achieving pregnancy	American Society for Reproductive Medicine (ASRM), 2022	Practice Committee of the ASRM and the Practice Committee of the Society for Reproductive Endocrinology and Infertility. Optimizing natural fertility: a committee opinion. <i>Fertil. Steril</i> 2022 Jan;117(1):53-63. doi: 10.1016/j.fertnstert.2021.10.007.	https://pubmed.ncbi.nlm.nih.gov/34815068/
Basic infertility evaluation (females)	ASRM, 2021	Practice Committee of the ASRM. Fertility evaluation of infertile women: a committee opinion. <i>Fertil. Steril</i> 2021 Nov;116(5):1255-1265. doi: 10.1016/j.fertnstert.2021.08.038. Epub 2021 Oct 2.	https://pubmed.ncbi.nlm.nih.gov/34607703/
Basic infertility evaluation (males)	ASRM, 2021	Schlegel PN, Sigman M, et. al. Diagnosis and treatment of infertility in men: AUA/ASRM guideline part I . <i>Fertil. Steril</i> 2021 Jan;115(1):54-61.	https://pubmed.ncbi.nlm.nih.gov/33309062/
	ASRM, 2021	Schlegel PN, Sigman M, Diagnosis and treatment of infertility in men: AUA/ASRM guideline part II . <i>Fertil. Steril</i> 2021 Jan;115(1):62-69.	https://pubmed.ncbi.nlm.nih.gov/33309061/

PRE- and POST- PREGNANCY CARE			
Prepregnancy care	CDC, 2006	Johnson K, Posner SF, Biermann J, et al. Recommendations to improve preconception health and health care—United States. A report of the CDC/ATSDR Preconception Care Work Group and the Select Panel on Preconception Care. <i>MMWR Recomm Rep</i> . 2006 Apr 21;55(RR-6):1-23.	https://www.cdc.gov/mmwr/preview/mmwrhtml/rr5506a1.htm
Prepregnancy Counseling	ACOG, 2019	ACOG Committee Opinion No. 762: Prepregnancy Counseling. <i>Obstet Gynecol</i> 2019 Jan;133(1):e78-e89.	https://pubmed.ncbi.nlm.nih.gov/30575679/

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Postpartum Care	ACOG, 2018	ACOG Committee Opinion No. 736: Optimizing Postpartum Care. <i>Obstet Gynecol</i> 2018 May;131(5):e140-e150.	https://pubmed.ncbi.nlm.nih.gov/29683911/
Postpartum Care	American Academy of Family Physicians (AAFP), 2019	Paladine HL, Blenning CE, Strangas Y. Postpartum Care: An Approach to the Fourth Trimester. <i>AFP</i> 2019 Oct 15;100(8):485-49.	https://pubmed.ncbi.nlm.nih.gov/31403594/
Adult vaccination schedule	CDC ACIP, 2021	Freedman MS, Ault K, Bernstein H. ACIP Recommended Immunization Schedule for Adults Aged 19 Years or Older - United States, 2021. <i>MMWR Recomm Rep</i> . 2021 Feb 12;70(6):193-196.	https://pubmed.ncbi.nlm.nih.gov/32565259/

THE WELL-WOMAN VISIT			
Women's Preventive Services Initiative (WPSI)	ACOG, 2019	Phipps MG, Son S, Zahn C, et al. WPSI's Well-Woman Chart: A Summary of Preventive Health Recommendations for Women. <i>Obstet Gynecol</i> 2019 Sep;134(3):465-469.	https://pubmed.ncbi.nlm.nih.gov/31403594/
WPSI	American College of Physicians (ACP), 2020	Batur P, Phipps M, Qaseem A. The WPSI Well-Woman Chart: A Helpful Tool for the Practice of Internal Medicine. <i>Am J Med</i> . 2020 Oct;133(10):1122-1125.	https://pubmed.ncbi.nlm.nih.gov/32565259/
Well woman visit, ACOG	ACOG, 2018	ACOG Committee Opinion No. 755: Well-Woman Visit. <i>Obstet Gynecol</i> 2018 Oct;132(4):e181-e186.	https://pubmed.ncbi.nlm.nih.gov/30247364/
Screening pelvic exam	ACOG, 2018	ACOG Committee Opinion No. 754: The Utility of and Indications for Routine Pelvic Examination. <i>Obstet Gynecol</i> 2018 Oct;132(4):e174-e180.	https://pubmed.ncbi.nlm.nih.gov/30247363/

THE ADULT WELL-MALE EXAMINATION			
Adult Well-Male Examination*	AAFP, 2018	Heidelbaugh JJ. The Adult Well-Male Examination. <i>Am Fam Physician</i> 2018;98(12):729-737.	https://www.aafp.org/pubs/afp/issues/2018/1215/p729.pdf

*This is not a position statement. It is a review article published in AAFP's journal, *American Family Physician*, that is based mainly upon statements that are from the USPSTF and endorsed by AAFP.

MENOPAUSE MANAGEMENT			
Hormone therapy for menopausal symptoms	North American Menopause Society (NAMS), 2022	NAMS. The 2022 hormone therapy position statement of the NAMS. <i>Menopause</i> 2022 Jul 1;29(7):767-794.	https://pubmed.ncbi.nlm.nih.gov/35797481/
Non-hormonal therapy for menopausal symptoms	NAMS, 2023	NAMS. The 2023 Nonhormone Therapy Position Statement of the NAMS Advisory Panel. <i>Menopause</i> 2023 Jun 1;30(6):573-590	https://pubmed.ncbi.nlm.nih.gov/37252752/

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Genitourinary syndrome of menopause (GSM)	NAMS, 2020	NAMS. The 2020 genitourinary syndrome of menopause position statement of the NAMS. <i>Menopause</i> 2020 Sep;27(9):976-992.	https://pubmed.ncbi.nlm.nih.gov/32852449

URINARY TRACT INFECTIONS			
Uncomplicated UTI in women	ACOG, 2008	ACOG Practice Bulletin No. 91: Treatment of urinary tract infections in nonpregnant women. <i>Obstet Gynecol</i> 2008 Mar;111(3):785-94	https://pubmed.ncbi.nlm.nih.gov/18310389/
Uncomplicated UTI	Review article	Gupta K, Grigoryan L, Trautner B. Urinary Tract Infection. <i>Ann Intern Med</i> . 2017 Oct 3;167(7):ITC49-ITC64.	https://pubmed.ncbi.nlm.nih.gov/28973215/
Recurrent UTI in women	American Urological Assn and others, 2019	Anger J, Lee U, et al. Recurrent Uncomplicated Urinary Tract Infections in Women: AUA/CUA/SUFU Guideline. <i>J. Urol.</i> 2019 Aug;202(2):282-289	https://pubmed.ncbi.nlm.nih.gov/31042112/
Recurrent UTI in women	AUA and others, 2022	Anger JT, Bixler BR, Updates to Recurrent Uncomplicated Urinary Tract Infections in Women: AUA/CUA/SUFU Guideline. <i>J. Urol.</i> 2022 Sep;208(3):536-541	https://pubmed.ncbi.nlm.nih.gov/35942788/
Recurrent UTI in women	Meta-analysis, 2018	Smith AL, Brown J, et al. Treatment and Prevention of Recurrent Lower Urinary Tract Infections in Women: A Rapid Review with Practice Recommendations. <i>J. Urol.</i> 2018 Dec;200(6):1174-1191.	https://pubmed.ncbi.nlm.nih.gov/29940246/

FACILITY GUIDELINES FOR OUTPATIENT PROCEDURES			
GYN Office Procedure Facility Guidelines	ACOG and others, 2019	Levy BS, Ness DL, Weinberger SE. Consensus guidelines for facilities performing outpatient procedures: evidence over ideology. <i>Obstet Gynecol</i> 2019 Feb;133(2):255-260.	https://pubmed.ncbi.nlm.nih.gov/30633142/