Emily Chiang, WSBA No. 50517 1 AMERICAN CIVIL LIBERTIES UNION OF WASHINGTON FOUNDATION 901 Fifth Avenue, Suite 630 Seattle, WA 98164 Phone: 206-624-2184 4 Email: echiang@aclu-wa.org 5 UNITED STATES DISTRICT COURT 6 FOR THE EASTERN DISTRICT OF WASHINGTON AT YAKIMA 7 STATE OF WASHINGTON, 8 Plaintiff, 9 10 No. 1:19-cy-03040-SAB v. 11 **DECLARATION OF** ALEX M. AZAR II, et al., CONNIE CANTRELL IN 12 SUPPORT OF NATIONAL Defendants. FAMILY PLANNING & 13 REPRODUCTIVE HEALTH **ASSOCIATION'S** 14 MOTION FOR A PRELIMINARY NATIONAL FAMILY PLANNING & 15 **INJUNCTION** REPRODUCTIVE HEALTH ASSOCIATION, et al., 16 17 Plaintiffs, 18 v. 19 ALEX M. AZAR II, et al., 20 Defendants. 21 22 23 DECLARATION OF CONNIE CANTRELL IN

DECLARATION OF CONNIE CANTRELL IN SUPPORT OF NFPRHA'S MOTION FOR A PRELIMINARY INJUNCTION Page | i

Connie Cantrell declares and states as follows:

- 1. I am the Executive Director of the Feminist Women's Health Center (FWHC), doing business as Cedar River Clinics. FWHC is a plaintiff in this action and one of 16 sub-recipients of the grant awarded to the Washington State Department of Health ("WA DOH") Family Planning Program for federally-funded Title X family planning services. Plaintiff FWHC is also a member of the National Family Planning & Reproductive Health Association ("NFPRHA"), the first named plaintiff.
- 2. As the Executive Director of FWHC, I am responsible for overseeing all aspects of our Title X program, in conjunction with the numerous clinical and other staff who implement this resource-intensive program for FWHC on a day-to-day basis. I provide this declaration on behalf of FWHC, based on my personal knowledge, experience, and access to our business records.
- 3. I have worked in the health care field for over 30 years. Prior to becoming FWHC's Executive Director in 2014, I was the Director of Operations & Quality Assurance Risk Management (QARM) for almost eight years. Before that, I served as Clinic Manager at one of FWHC's family planning clinics for almost 13 years. Prior to my 26 years at FWHC, I worked in home care for medically fragile children and at a skilled nursing facility. During my career, I have often expanded my knowledge and skillset through course work in health care

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administration, patient advocacy, reproductive health, and family planning services.

4. I am familiar with the key provisions of the new Title X regulations ("New Rule"). If the New Rule were to take effect, it would cause significant and immediate harm to FWHC, our providers, and the patients we serve, as well as to the other approximately 4 million low-income clients around the country who depend on the Title X program for access to critical, high-quality family planning care each year.

Background on FWHC

- 5. FWHC is a 501(c)(3), nonprofit organization, founded in Yakima in 1979 as an independent, reproductive health care provider. We are guided by the mission to ensure that individuals have local access to unbiased reproductive health services and education in order to achieve reproductive freedom and determine their own destinies.
- 6. FWHC operates three health center sites in Seattle, Tacoma, and Renton. Our corporate headquarters office, which handles administrative operations for all of our locations, is located in Yakima. In the 1980s, we were able to purchase our building in Yakima, which became a key piece of the financial foundation for our organization. In 2000, we purchased a second building in Tacoma. We lease property in multi-tenant, medical office space for the health

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Care. All of our clinics are located on major bus routes for easy access to public transportation.

- 7. For 37 years, FWHC has dedicated itself to the health care needs of the communities it serves and has experienced continuous growth in its family planning program. In 2004, we were invited to join the WA DOH's Family Planning Leadership Team. In that same year we officially began doing business as Cedar River Clinics to provide greater community awareness of our three clinics as one entity. In addition to our family planning care, FWHC also provides abortion care at each of our clinics.
- 8. In 2012, due to patient and staff requests, we examined LGBTQ health care in our communities. We discovered that LGBTQ individuals face challenges and intolerance when seeking health care and are underserved. In 2013, we launched our LGBTQ Wellness Services, including family planning services, and our clinics have subsequently been nationally recognized as a "Leader in LGBTQ Healthcare Equality" by the Human Rights Campaign Foundation.
- 9. Also in 2012, we expanded our relationship with the University of Washington medical school ("UW") and were selected to participate in the creation of the UW's first Family Planning Fellowship training program. Working under

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the guidance of Dr. Sarah Prager, we continue that relationship with the UW and have created a learning model that is being used in physician and other clinical training programs nationwide. In addition, FWHC frequently hosts nursing and medical assistant students for internships.

- 10. Around the beginning of 2015, Washington State approached FWHC and asked us to consider applying to become part of its Title X project. As I describe further below, FWHC successfully applied to become a Title X subrecipient in December 2016 and has received Title X funds since April 1, 2017.
- 11. FWHC employs a staff of 55 people, including nine employees in our corporate office in Yakima, which handles payroll, accounting, and reporting responsibilities, among others. All health services are provided by Physicians, Advanced Practice Clinicians, Registered Nurses, and Registered and Certified Medical Assistants. Our staff members' demographics represent the communities they live and work in, representing many different cultures and speaking several different languages: Spanish, Hindi, Punjabi, Romanian, Mien, Cantonese, and Mandarin.
- 12. In addition to other clinical needs, there is a critical need for access to testing, education, and prevention for sexually transmitted infections (STIs) in our state. According to Center for Disease Control data, from 2013 to 2017, rates of chlamydia, gonorrhea, and syphilis have all risen in Washington State.

- 13. FWHC's health centers offer all FDA-approved contraceptive options, including natural family planning, and provide counseling regarding all of these options. Contraceptive supplies are stocked regularly to ensure all patients can receive the method of their choice the same day of their visit. We also provide pregnancy testing and counseling; testing, treatment, and prevention for STIs, including HIV; and treatment of minor gynecologic problems (such as vaginitis and urinary tract infections); cervical and breast cancer screenings, and basic infertility advice and screening.
- 14. FWHC also participates in various public education efforts, including outreach at health fairs and community events, and provides speakers to schools and organizations relating to reproductive health and family planning.
- 15. FWHC is an organizational NFPRHA member, along with WA DOH and the other sub-recipients of its Title X grant. I also have an individual NFPRHA membership. In addition, FWHC pays dues from its Yakima headquarters to the Abortion Care Network, the Feminist Abortion Network, and the National Abortion Federation.

Applying for Title X Funding

16. Four and a half years ago, WA DOH approached us about applying for Title X funds, as we had already been providing high-quality family planning care, including for low-income, uninsured, or underinsured patients, in conjunction

with the Department of Health for almost 40 years. With our ongoing sources of income at that time, including some support from the WA DOH, we could not offer all the low-income patients who needed it completely free family planning care, including free access to their contraceptive method of choice.

- 17. Not all of FWHC's patients qualify for Medicaid or have other insurance sufficient to cover the costs of their family planning care. Therefore, prior to FWHC becoming a Title X sub-recipient, even though we were committed to doing everything we could to offer subsidized contraceptive care and help any low-income patients, FWHC's financial constraints sometimes interfered. At times, for example, we could only offer clients birth control pills instead of an intrauterine device (IUD), even though the patient requested the more effective and more costly IUD.
- 18. With Title X, we could ensure that each patient could choose which contraceptive method was best for them and adopt that method, rather than only having access to the method(s) they (or FWHC subsidizing their contraceptive care) could afford. In addition, the Title X funding would help us ensure that we could provide access to contraceptives and contraceptive counseling at no or reduced cost to qualifying patients right after we saw patients in our separate abortion practice, a particularly important time for offering care to those women to effectively help them achieve their goal of avoiding unintended pregnancies.

carefully the decision to apply, and ultimately proceeded to do so, because FWHC

is committed to making affordable contraceptive care accessible to all, especially

those with limited economic resources. The process of applying for Title X sub-

recipient funding proved very time-consuming and challenging. We established a

four-person team to put together the application, including myself and three others.

We invested considerable resources into learning the structure of Title X, how to

comply with all of the Title X rules and regulations, and how to establish a

For more than a year we researched Title X's requirements, weighed

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Establishing Our Title X Program

20. We submitted a twenty-page narrative proposal and dozens of other pages of financial, clinical, and administrative information to the WA DOH in August 2016. We found out in December 2016 that our application to become a Title X sub-recipient had been successful and that we had until April 1, 2017 to be fully ready to serve in that role. We then had to train and educate our staff, help them learn the new reporting and recordkeeping requirements, and adopt new protocols. We had to change our accounting and payroll practices, and take many other steps required by Title X, all before we started receiving federal funds.

21. All existing staff had to complete the following trainings prior to providing Title X care, and we have required the same of new employees that

successful Title X-funded program.

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22. In order to keep current with best clinical practices, FWHC implemented an electronic health records (EHR) system for all of its health center sites in 2012. It was a huge and costly undertaking. FWHC uses the NextGen Enterprise Practice Management/Electronic Medical Records system; it is the only health records and practice management system FWHC has. The NextGen system holds all patient medical records, regardless of the clinic site or reason for any visits, which ensures that clinicians always have access to our patients' full medical information and history, and that their ongoing care is based on that complete record. NextGen also includes coding to describe the care provided, and for Medicaid and private billing purposes, so that we can manage our business based on the specifics of the care we provide.

23. When we joined the Title X program, FWHC established separate NextGen templates within our single EHR system for Title X and abortion

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respectively. That allows FWHC staff to chart and code Title X visits on one template, and chart and code abortion visits on the separate abortion template, but both are housed within the same NextGen system. A patient's full medical records are available to any clinician, which is the essential purpose of integrated electronic health records, just as all billing information on NextGen is available to our administrative personnel.

- Our experience with EHR is that even small adjustments to the system 24. are very costly and can easily run over \$10,000 per change; that was the case when we had to make adjustments to facilitate client visit reporting for the federal Family Planning Annual Report ("FPAR") to WA DOH, as we ramped up our Title X program. When we first purchased and installed the EHR system, our costs were over \$100,000.
- FWHC also must track staff time for Title X family planning care and 25. pay staff for that care out of our family planning project funds, while we pay staff for abortion-related care out of separate funds. FWHC created a new department in its payroll system to do so, and we keep ongoing records of actual staff utilization that then determine payments to staff from the two different payroll departments and budgets.
- 26. Establishing the Title X practices and procedures at FWHC led to more complicated administrative and record-keeping tasks for our clinical staff.

We lost two nurse practitioners during the summer and fall of 2017 because of these new burdens and administrative rules. Those clinicians did not like the new record-keeping requirements and other administrative tasks that added to their patient care responsibilities, and wanted instead to spend more of their time providing that care.

- 27. It has been difficult to replace those nurse practitioners. We have since hired one full-time replacement, but otherwise are relying on coverage from temporary staffing services or extra help from our existing staff. The market for qualified non-physician clinician candidates is very tight, and we seek not only clinicians who provide quality care but also those that are willing to accommodate the current Title X record-keeping and administrative tasks in order to serve low-income clients and advance the purposes of Title X.
- 28. FWHC had its first administrative audit as a Title X provider in January 2018 and its first clinical site review in February 2018. Both of these reviews went well. There were no issues noted during the January 2018 fiscal monitoring review and the WA DOH observed that our "books and records are in very good order." And during the February on-site review, the Department noted that FWHC is "administered and maintained exceptionally well by qualified, caring staff" and recognized us as "true leaders in the forefront of family planning services, which include LGBTQ wellness services."

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29. As a sub-recipient of the Washington State grantee, FWHC received approximately \$195,000 in federal Title X funds for fiscal year 2018, which ran from October 1, 2017, to September 30, 2018. Our Title X sub-recipient funding continues at approximately the same level this fiscal year.

- 30. In 2018, we provided approximately 3,100 Title X visits in our three clinics. During that year, we provided contraceptive care to approximately 2,400 Title X patients. We also provided pregnancy testing and counseling to 535 Title X patients in 2018.
- 31. Under the standards set by the federal government, almost all of the clients served through FWHC's Title X project qualify for free or reduced cost services based on their income level. Thirty-five percent of our Title X patients have incomes at or below 100% of the federal poverty level—which was \$12,140 for a single-person household and \$20,780 for a household of three in 2018. These clients are entitled to services free of charge through the Title X program. Another 59% have incomes at or below 250% of the poverty level and receive care based on a sliding scale.
- 32. Thirteen percent of our clients are Hispanic and 23% are Black. We serve primarily young adults; 52% of our project's clients are between 20 and 29 and an additional 33% are between 30 and 39. Approximately 3% of our project's clients are under 18.

- 33. Under current Title X regulations, FWHC is able to provide contraception on the same day as an abortion service, as a separate, second consecutive appointment for the patient. Our abortion patients often cannot afford contraception and they do not wish to be pregnant. Providing both family planning care and abortion care on the same date at the same health center site saves patients the need for a second appointment, which could be difficult to accomplish for the patient or otherwise be delayed, and reduces the risk of another unintended pregnancy. The Title X contraceptive services and abortion services are provided and funded separately, based on Title X requirements, but received efficiently on the same day by the patients who desire that follow-on contraceptive counseling and access to contraceptives, including IUDs.
- 34. In addition, FWHC also schedules designated family planning clinic times to serve Title X patients who make appointments or walk in for family planning care. Those clinics take place at the same three health centers, but at different times than abortion care is scheduled.

The Impending Harms from the New Title X Regulations

- 35. The New Rule would immediately harm FWHC, our mission, our clinicians, our patients, and the communities we serve in numerous ways.
- 36. As described below, should the New Rule be allowed to take effect, it would force many Title X providers, including FWHC, to leave the program,

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which would prevent FWHC and others from providing the care their patients need. In Washington State, almost 90% of all Title X patients are served by organizations that provide abortion and that are committed to pregnant patients' access to full information and referrals about their options, including abortion. In addition to FWHC, as an independent abortion provider, that includes Planned Parenthood health centers. Planned Parenthood has already made clear that its clinics would not be able to continue providing care under the terms of the New Rule. If FWHC and the Washington State Planned Parenthood clinics are pushed out of Title X, no other Title X providers in the state have the capacity to suddenly care for all of these patients, which would create huge service gaps and harm an already underserved population. Moreover, all of those lost Title X provider organizations would lose the Title X funds they have relied upon, and have fewer funds to provide family planning care to those in need of such services.

The New Rule would have this disruptive effect, first, because it 37. distorts routine, standard-of-care pregnancy counseling. The New Rule would interfere with clinician-patient communications, prevent FWHC from providing abortion referrals, and require our clinicians to compromise ethical principles and professional standards. In keeping with the current Title X regulations, our policies and procedures regarding pregnancy counseling ensure that the information provided is unbiased and factual. Our staff responds to patient cues

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and preferences, and provides information about all options unless the patient wishes otherwise: carrying the pregnancy to term, adoption or infant/foster care, and pregnancy termination. The New Rule would unreasonably limit provider speech, forbidding referral upon request for one option only, abortion, while requiring prenatal referral even when not desired.

- 38. This is not an approach that FWHC could use with its patients. The organization strongly believes in providing patients with unbiased information so that they have the freedom to make their own reproductive decisions and control their own destiny.
- 39. The New Rule singles out abortion as the only out-of-Title X program care for which FWHC would not be able to directly or indirectly refer Title X patients. At the same time, the New Rule requires us to refer to all other types of out-of-program health care in any instance where "medically necessary," as well as to provide for coordination and use of referral arrangements to help patients in any other way.
- 40. Again, FWHC could not agree to arbitrarily cut off our Title X patients from referrals to abortion care in this fashion. That would require our clinicians to pretend that they had no knowledge of FWHC's other practice areas, though those are separate from the Title X program, and require our staff to silently

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and misleadingly turn away patients from any referral to a type of care they themselves might provide, at FWHC but outside Title X.

- 41. Moreover, the New Rule not only requires that our providers withhold information, but also mandates FWHC to refer all pregnant patients for prenatal and/or social services related to carrying their pregnancy to term, even if the patient does not wish to receive that type of care. Additionally, the New Rule only allows doctors and advanced practice clinicians with a graduate level degree to conduct pregnancy counseling. This would strain FWHC resources if we were to try to comply. Pregnancy counseling is often conducted at our clinics by providers who may not have a graduate level degree but do have the relevant training and expertise. Plus, for those clinicians who are allowed to provide pregnancy counseling, the New Rule requires them to discuss carrying the pregnancy to term even if the patient is only interested in discussing abortion. These coercive, newly required steps would contradict a central aspect of Title X care to which FWHC is deeply committed—that patients freely make voluntary choices about the counseling or other care they receive.
- 42. *Second*, the New Rule also imposes physical facility, electronic system, and staff separation requirements that would force abortion providers like FWHC out of the Title X program because it would not be financially possible or rational to comply.

- 43. FWHC, for example, could not finance the cost of installing a second, completely separate EHR system. Its cost would immediately eat up more than half of the annual federal funds we receive to provide Title X care, and make it not cost effective to be in the Title X program. Indeed, we would apparently not even be able to attempt to fund such major "infrastructure" with federal monies, but would have to find those large sums elsewhere, because the New Rule imposes new limits on funding for infrastructure versus "direct implementation" (or "direct services") purposes. Moreover, we already have a fully functional integrated system, consistent with current best practices, and creating two different ones would complicate medical care and increase risks for patients, because providers would not have integrated access to their complete medical records. FWHC could not set back our medical standards in this way.
- 44. It is also not feasible or logical to have to hire two completely different staffs, or obtain and equip duplicate workspaces. As I noted above, FWHC confronts difficulty in hiring qualified staff, particularly non-physician clinicians, and requiring us to end our use of staff part-time for Title X care and part-time for abortion care would harm our ability to care for Title X patients. Staff and real estate are two of our highest expenses. We have invested in our own buildings and rented other health center space in locations accessible to our Title X clients. Requiring us to undertake complete physical separation of any abortion

care or administrative services, or activities that support access to abortion, on the one hand, and any Title X services and administration on the other, would swamp the amount of Title X funds we receive, and not make any financial sense.

- 45. If we were to try to comply with the New Rule, our patients may have difficulty even finding us and/or scheduling appointments because we would have to establish separate sites, phone numbers, email addresses, and websites.
- 46. Separation would also severely disrupt the current continuum of care that we provide our patients. If FWHC were to completely separate into duplicate physical locations, we would no longer be able to offer Title X contraceptive care right after abortion procedures. Any abortion patients seeking Title X services would instead have to make a second appointment at a different location, rather than having the ability to get an IUD or another effective contraceptive option at no or low cost under Title X immediately. As a practical matter, patients might not be able to take additional time away from work, family, and other obligations to make a separate visit anytime soon, and would again be at risk for unintended pregnancy.
- 47. But as described above, the separation requirements are cost prohibitive and contrary to our high standards of care, and FWHC could not undertake them, just as we could not have our staff providing ethically compromised pregnancy counseling. In addition, the New Rule also imposes even

more elaborate record-keeping and reporting requirements that would add to the

staff burden and cost of providing Title X care. The New Rule, if allowed to take

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effect, would push FWHC from the Title X program, and we would have to cease being a sub-recipient of funds.

48. If forced to lose our federal Title X funding, our annual budget for contraceptive and other family planning care would suddenly have a hole of approximately \$200,000. We would not be able to maintain the same number of dedicated clinic hours for family planning care at our health centers, nor would we

especially not be able to accommodate as many low-income patients at low or no

be able to serve as many patients with family planning services. We would

cost to them, particularly for expensive services such as IUD insertion.

49. If the New Rule becomes operative, and pushes FWHC from Title X, that setback would make our mission more difficult to accomplish, and reverse the benefits that Title X has provided for our patients. FWHC serves especially vulnerable populations that need Title X services, including the women we see for abortions who have already experienced an unintended pregnancy and the LGBTQ patients we have so effectively reached. FWHC's loss of federal resources would mean fewer resources to provide family planning care to these and other needy patients.

- 50. FWHC dedicated significant resources over several years to applying for, learning the details of, and implementing Title X-funded and -regulated care. We expended resources to do so, because we saw the benefits for our patients and the expanded family planning care that Title X funds would allow us to provide.
- 51. The New Rule presents a much different equation—it tells health care organizations to adopt unethical, deceptive approaches to counseling and to implement counterproductive, prohibitively costly separation of records, staff, and facilities. The New Rule's provisions would harm, rather than help, Title X care and the many patient and public health benefits it brings. And it would drive dedicated providers such as FWHC from the Title X program. In Washington State, the Title X network would suffer a particularly devastating blow as providers serving almost 90% of all current Title X patients exit. For our state's sake, I hope that day never comes.
- 52. I submit this declaration to emphasize these great impending harms to FWHC, other Title X provider organizations, and our patients, and in support of a preliminary injunction against implementation of the New Rule. The current Title X regulations should remain in effect while NFPRHA, FWHC, and our coplaintiffs argue the legal claims against the New Rule.

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DECLARATION OF SERVICE

I hereby declare that on this day I caused the foregoing document to be electronically filed with the Clerk of the Court using the Court's CM/ECF System which will serve a copy of this document upon all counsel of record.

DATED, this 22nd of March, 2019, at Seattle, Washington.

/s/ Emily Chiang
Emily Chiang, WSBA No. 50517