

2025 STATE POLICY TRENDS IN SEXUAL AND REPRODUCTIVE HEALTH

Access to sexual and reproductive health care remains under significant threat at both the state and federal levels in the US. Since the *Dobbs* decision, advocates have worked to implement policies that protect access to abortion, while the anti-abortion movement has gained momentum. Amid ongoing challenges, including abortion bans, pregnancy criminalization, and restrictions on gender-affirming care, many states have made significant progress. A notable number of proactive bills were enacted that expand access to essential health services, protect patient and provider rights, and strengthen health infrastructure at the state level.

These victories reflect the powerful and often underrecognized work happening at the local and state levels to safeguard and advance sexual and reproductive health. This resource highlights the promising progress and persistent threats shaping sexual and reproductive health policy across the country.

HIGHLIGHTED LEGISLATION

PROACTIVE

CONNECTICUT

CT HB 7213:

Allows minors to independently consent to reproductive health services, including contraceptive counseling, prenatal care, and pain management during labor and delivery. Explicitly excludes sterilization procedures. Providers are prohibited from disclosing any information regarding these services to a parent or guardian without the minor's express consent.

NEVADA

NV AB 176:

Designed to ensure that individuals have the right to access contraception and family planning services without undue government interference, and provides a mechanism for addressing grievances related to access restrictions.

ARKANSAS

AR HB 1142:

Would require restorative reproductive medicine (RRM) in Title X services, including: (1) Fertility awareness-based methods of family planning; (2) Diagnostic procedures for infertility; (3) Treatments aimed at restoring natural fertility; and (4) RRM educational resources.

Also protects religious refusal of providers who object to assisted reproductive technology (ART).

UTAH

UT HB 233:

Restricts certain entities from participating in health education within public schools, specifically organizations that perform elective abortions to provide health-related instruction or materials in state-funded schools.

RESTRICTIVE

MISSOURI

MO HJR 73:

Proposed constitutional amendment to repeal the 2024 Right to Reproductive Freedom amendment. Bans abortion after 12 weeks with limited exceptions for rape and incest. Requires parental consent for minors seeking abortions and bans gender-affirming care for minors. Voters will decide on this proposed constitutional amendment before Nov. 2026.

PROACTIVE

The following enacted state legislation reflects progress made to expand and protect access to sexual and reproductive health, maternal health and gender-affirming care. These laws support patient rights, improve affordability and access, and reinforce provider protections.

CONTRACEPTION

MARYLAND SB 674

Establishes initiative to recommend strategies for state coverage requirements for and increased access to OTC birth control.

NEVADA AB 176

The right to access family planning without government interference.

OKLAHOMA SB 176

Better coverage of contraception in health insurance. Coverage for medications that can terminate pregnancy not required.

OREGON HB 2456

Improves support & confidentiality protections for sexual assault victims.

RHODE ISLAND SB 476

Pharmacists can prescribe and dispense more contraceptive types, which must be covered by insurance.

TN SB 449 / HB 533

Affirms individuals' rights to access fertility treatments and contraception.

STI & HIV SERVICES

OREGON HB 2292

Insurance must cover FDA-approved HIV drugs and related services without cost-sharing, deductibles, or co-insurance. Restricts prior authorization.

TEXAS HB 47

Health care facilities are now required to provide training on trauma-informed care and the rights of sexual assault survivors to their employees. Additional resources to survivors must now include legal aid contact information and HIV PrEP details.

WASHINGTON SB 5577

Greatly expands Medicaid coverage for and access to HIV antivirals.

MEDICAID

ILLINOIS SB 2437

Requires policies allowing doulas for Medicaid patients.

NEW MEXICO HB 78

Stops pharmaceutical companies from adding barriers to access 340B products.

FAMILY PLANNING EXPANSION

CONNECTICUT HB 7213

Improves consent and confidentiality protections for minors accessing reproductive health care, such as contraceptive counseling, prenatal care, and pain management during labor and delivery.

MAINE HP 96 / LD 163

All health insurance plans must cover all FDA approved contraceptive options without cost-sharing, up to a 12-month supply.

PROVIDER & PATIENT PROTECTIONS

COLORADO SB 25-129

Expands protections for legally protected services such as gender-affirming and reproductive health care, including telehealth. Restricts out-of-state civil actions and subpoenas for protected health services.

DELAWARE HB 205

Protects medical providers who perform legally allowed services from out-of-state lawsuits & investigations.

NEW HAMPSHIRE HB 606 / LSR 2025-0879

Affirms patient rights against discrimination and ensuring informed consent.

VERMONT S 28

Expands protections for patients and providers who seek or provide legally protected health services such as reproductive health and gender-affirming care.

GENDER-AFFIRMING CARE

MARYLAND HB 1045

Strengthens protections for patients seeking gender-affirming and family planning care, inc. new rules for health insurers and providers.

RESTRICTIVE

Despite critical progress in some states, a number of bills enacted this year threaten to roll back or undermine reproductive rights, sex education, and gender-affirming care. These restrictive laws promote abstinence-only curricula, impose provider refusals, and introduce deceptive or discriminatory barriers to essential services.

TITLE X

ARKANSAS HB 1142

Requires restorative reproductive medicine provision in Title X services and protects religious refusal of providers objecting to ART.

ABORTIONS

MISSOURI HJR 73

Voters will decide on this proposed constitutional amendment to repeal the 2024 Right to Reproductive Freedom amendment.

REFUSALS

IDAHO H 59

Enables greater religious refusal for providers, including for operational and employment decisions.

SEX EDUCATION

IDAHO S 1046

Requires sex education for middle and high school students to include human growth and development, including ultrasound videos and computer-generated animations.

INDIANA SB 442

Requires lessons pertaining to consent to sexual activity. Human growth/development lessons will include ultrasound videos as well as computer-generated animation on fertilization and fetal development. Parents can review all materials online and opt out of sex education.

MONTANA HB 471 / LC 1273

Curricula on human sexuality and identity available for public inspection, requires parental permission. Schools are prohibited from using any course materials or instruction related to human sexuality from abortion providers.

UTAH HB 233

Restricts organizations that perform elective abortions from providing health-related instruction or materials within public schools.