



2024 NFPRHA
NATIONAL
CONFERENCE

WASHINGTON, DC
MAY 19-22

Building Access to Vasectomy

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Welcome

Kari White

Karen Ford Manza

Kirstin Kramer

Donna Burkett

Q & A

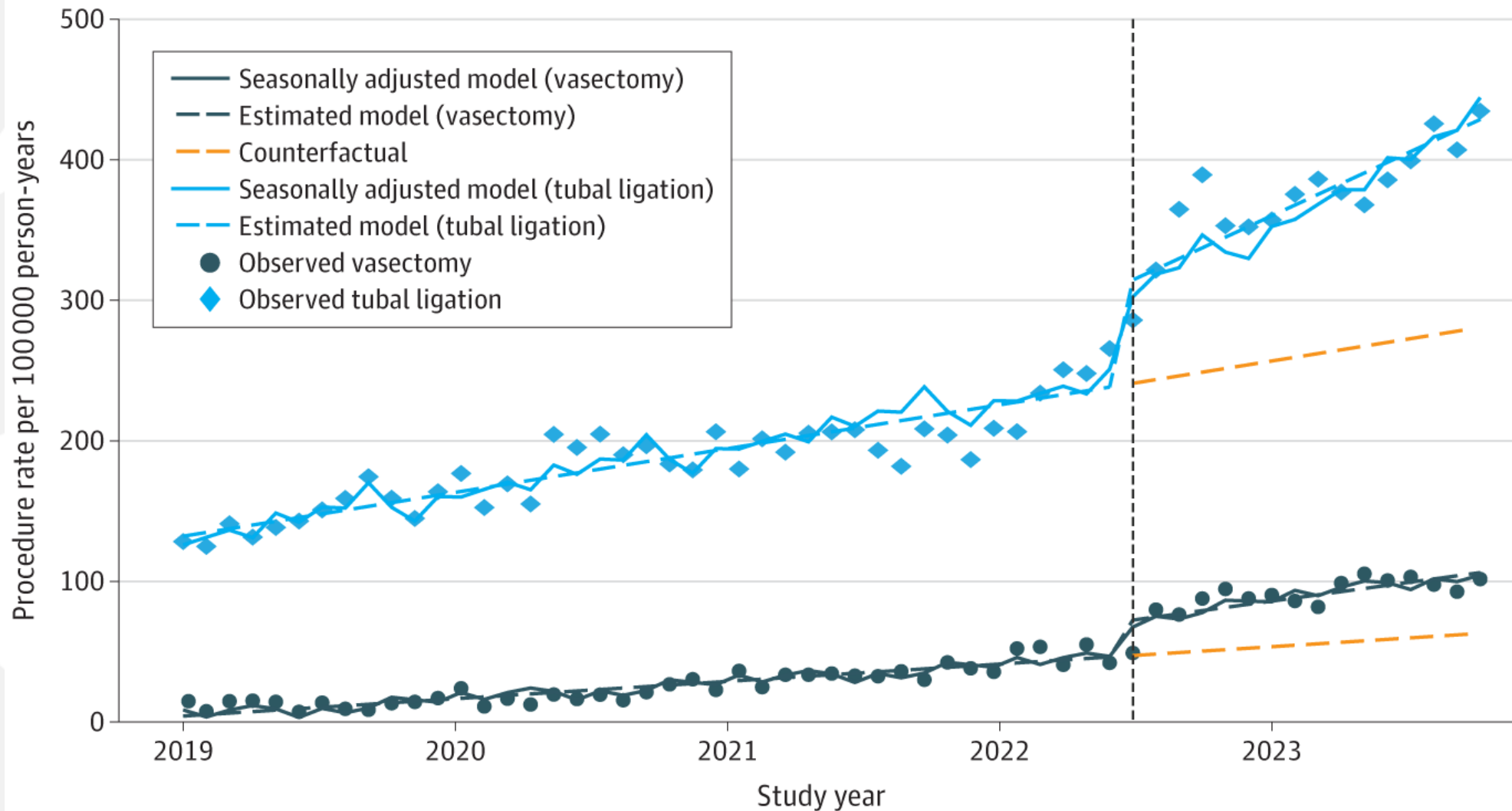
Disclosures

Vasectomy trends in the US

Kari White, PhD MPH

NFPRHA Meeting, May 2024

Vasectomy (and tubal ligation) increased post-Dobbs



Demographics of men getting vasectomies

Before Dobbs, men who got a vasectomy were typically:

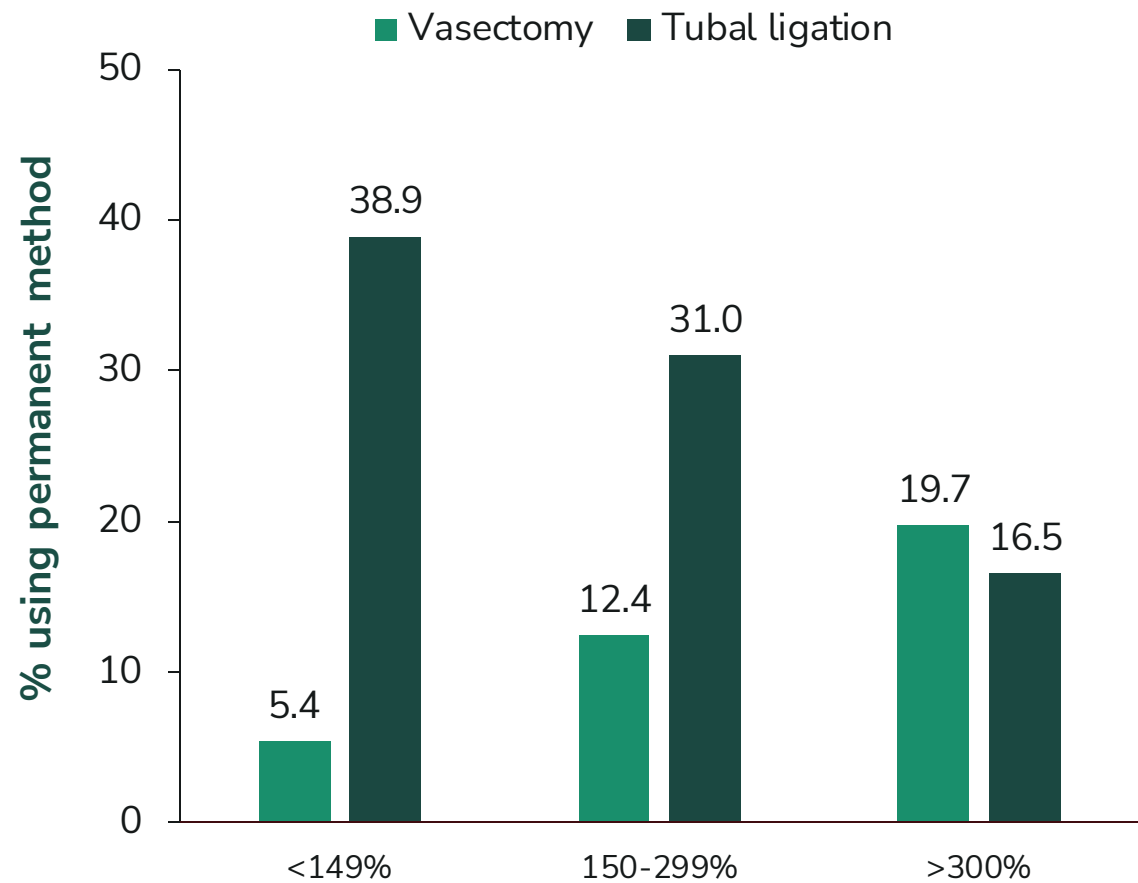
- non-Hispanic white
- had higher levels of education
- had higher incomes

After Dobbs, a greater share of vasectomy patients:

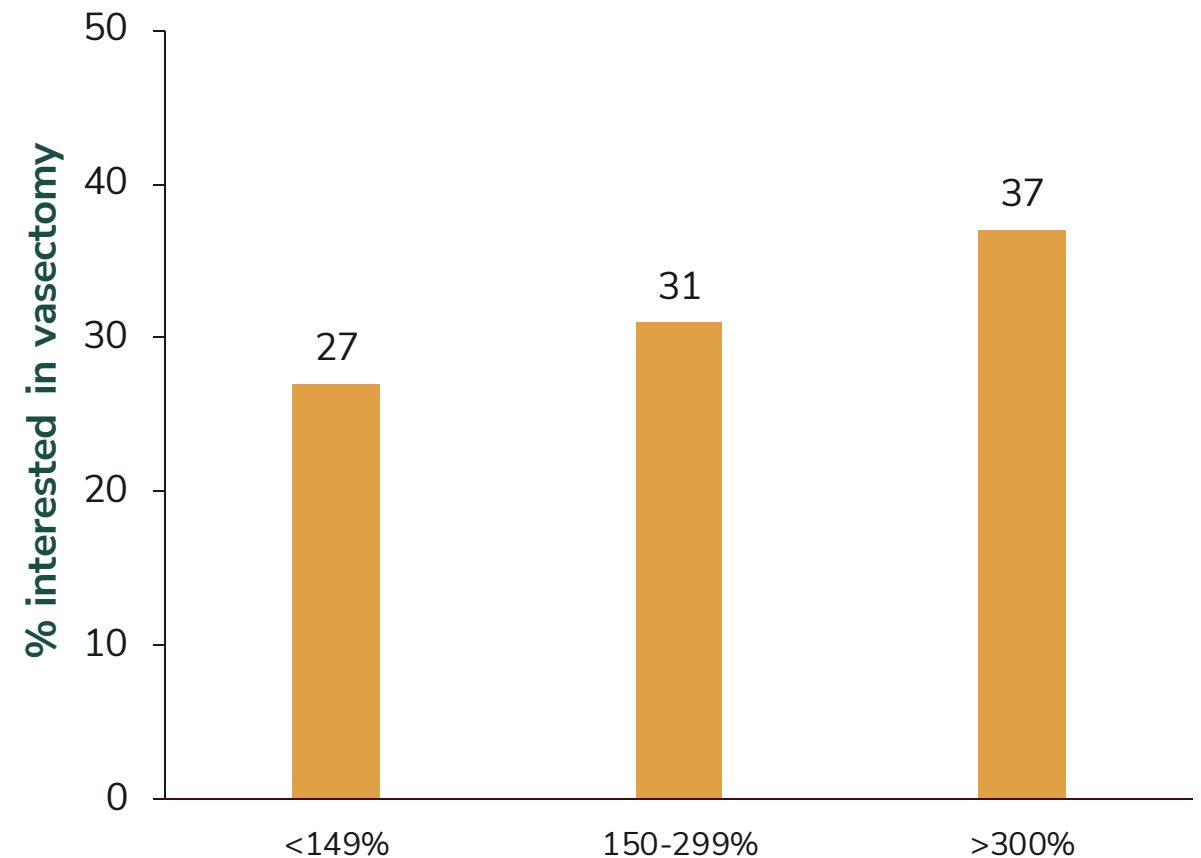
- are seeking care at younger ages
- do not have children
- are not married/do not have a regular partner

Differences in vasectomy use, not interest

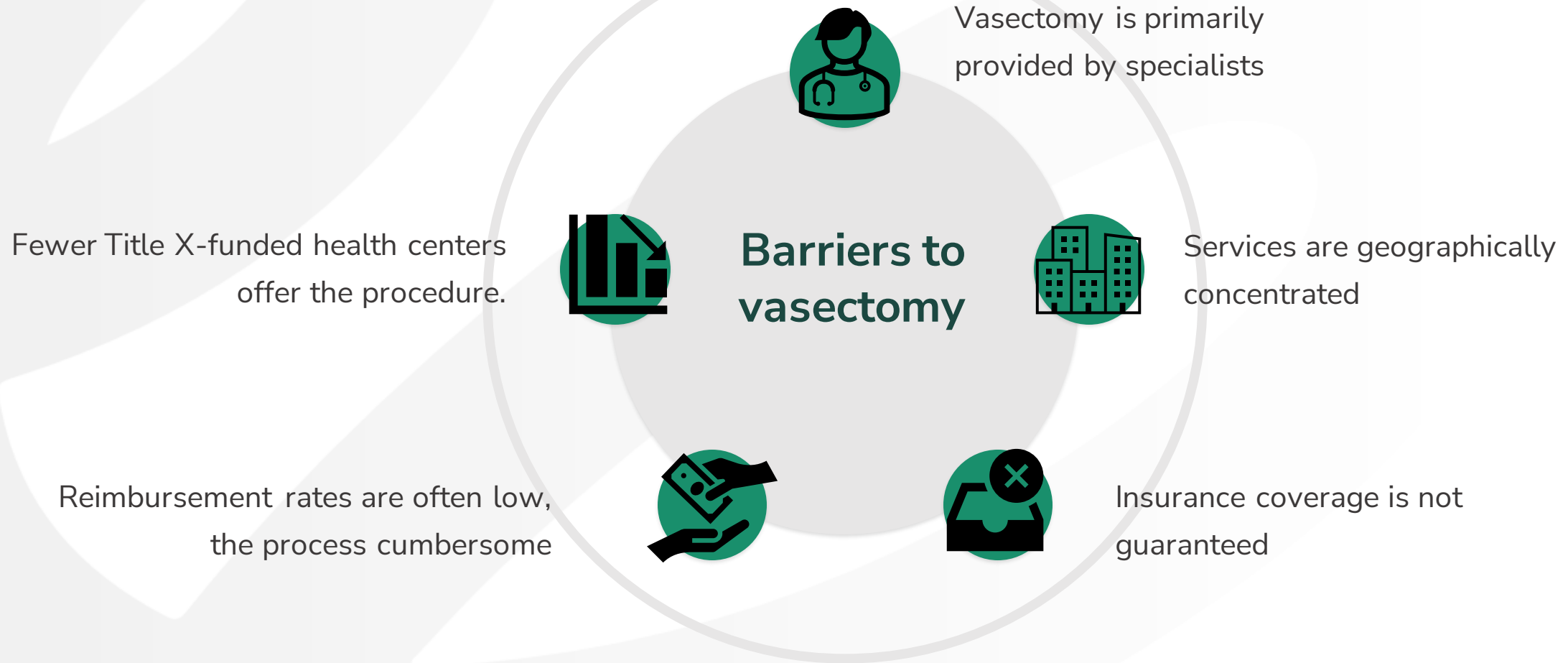
Percentage of US men and women who do not want more children using permanent contraception, 2015-2019



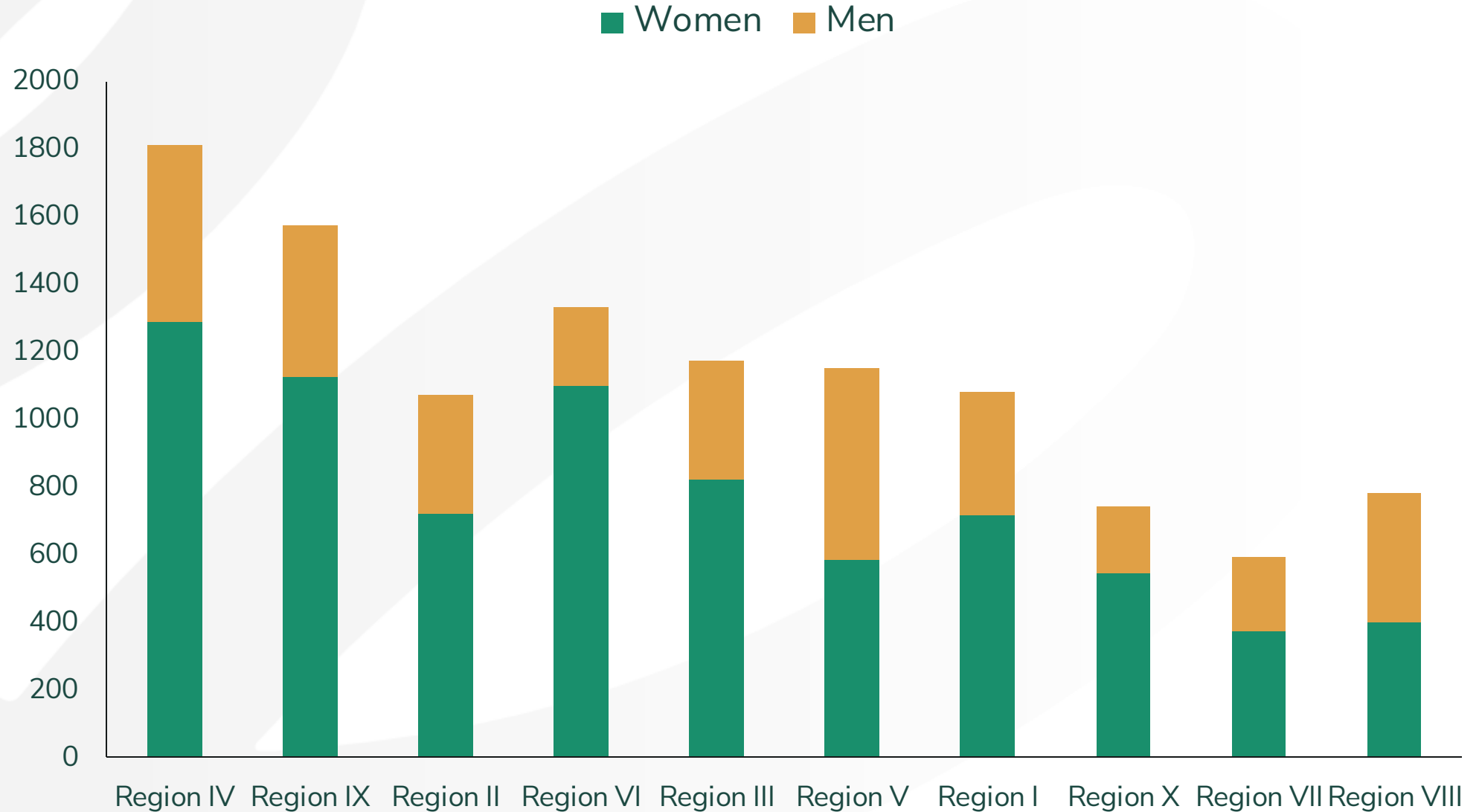
Percentage of US men who do not want more children and are interested in vasectomy, 2018



Systems barriers to vasectomy care



Title X clients relying on vasectomy, 2022





Thank you!

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@resoundrh



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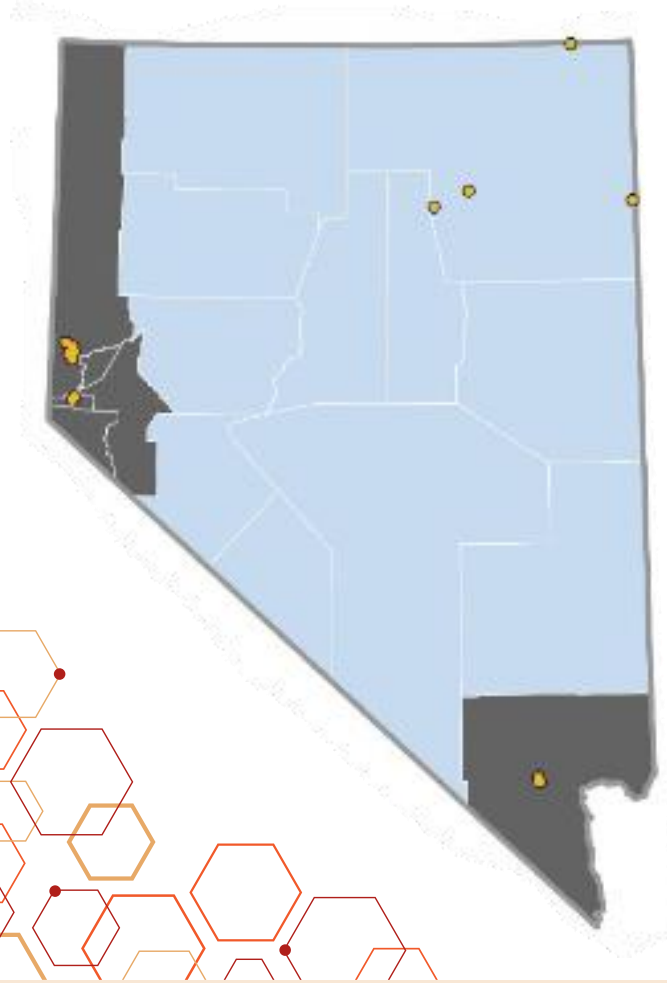
Permanent Contraception 101 – Vasectomy Access Program

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Nevada Primary Care Association

Permanent Contraception 101 – Vasectomy Access Program



Reproductive Education and Care in Community Health Homes (REACCH)

Clinical Quality, Access, Equity
Patient-driven, patient-centered care
Integration, Partnership, Transparency, Sustainability

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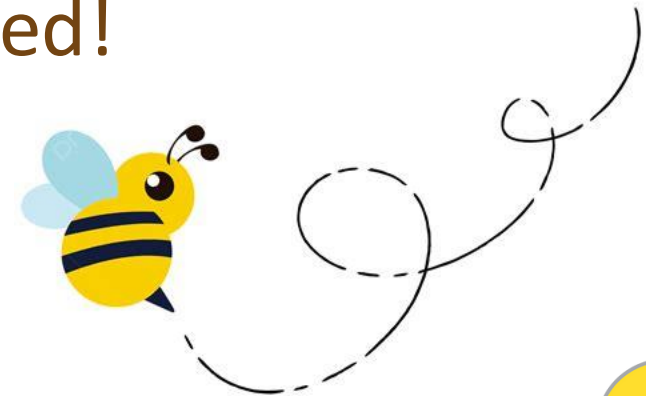
Permanent Contraception 101 – Vasectomy Access Program

REACCHH Highlights

Partnership & Communication

PDSA Data Quality Improvement Program

Creative Collaborations – get started!



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WHY?

Patient demand – quality, access, equity

Aligned with patient choice & need, FQHC mission...

...All possible with Title X Program and Resources



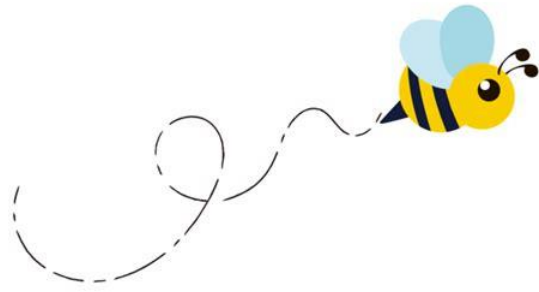
Just starting...

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Permanent Contraception – Vasectomy Access Program

HOW?

Follow Values: Clinical Quality, Access, Equity



Demonstrate Sustainability:

Subrecipient - Fiscal and organizationally
Grantee - time, \$, resources & networks

WHEN?

Probe for Champions & Partners!

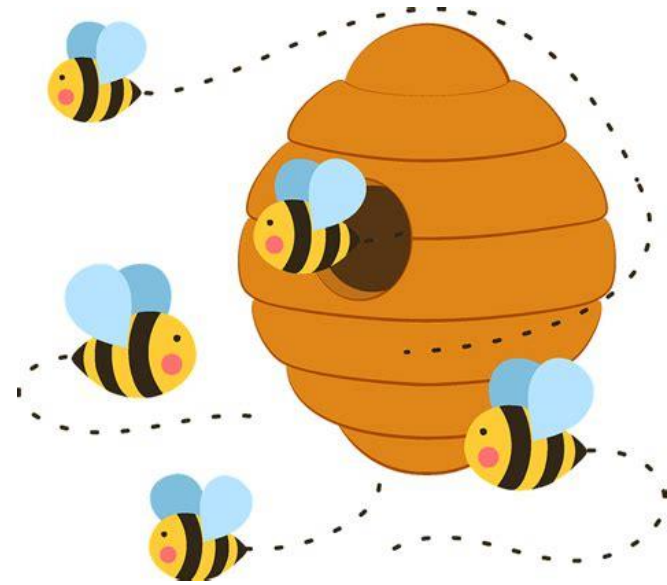
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Partners & Champions

Provider Turn-over

Staff Turn-over



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Barriers & Opportunities

Complex!

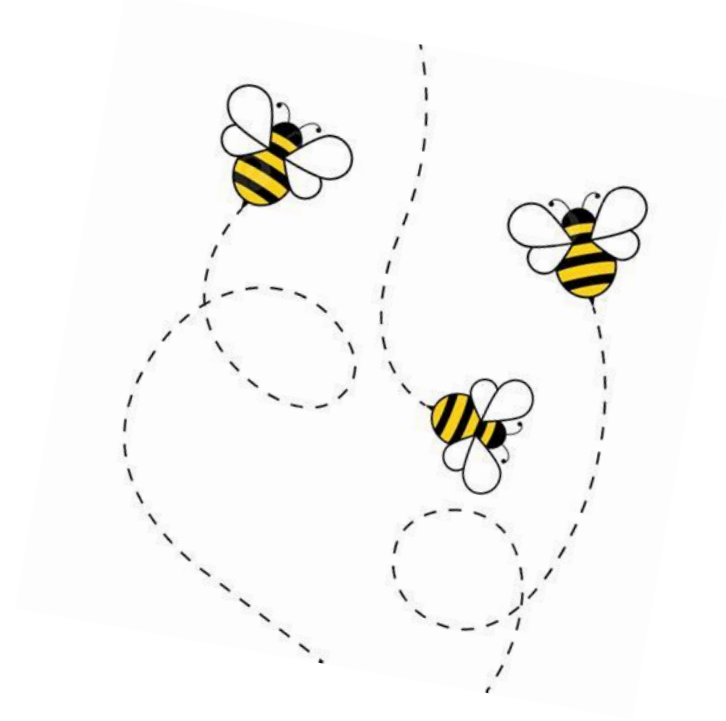
Ethical considerations

“Zero-sum game”

Competing Priorities

Scarcity of funds

Eligible provider types to perform vasectomy



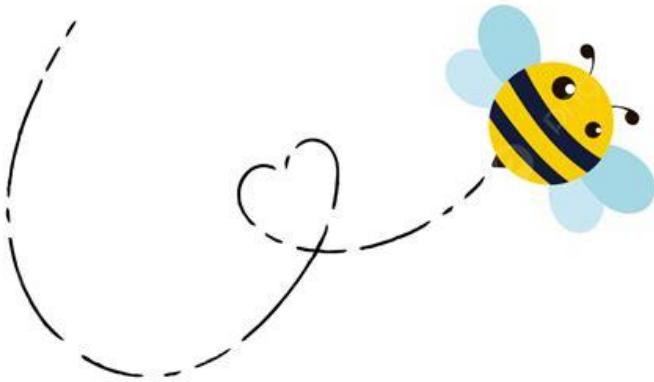
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Permanent Contraception – Vasectomy Access Program

Find support & start!

Thanks to NVPCA Team

Northern Nevada Partner:
Kirstin Kramer, MPH
Community Health Alliance
RH Programs Manager



Vasectomy in Title X

Kirstin Kramer, MPH

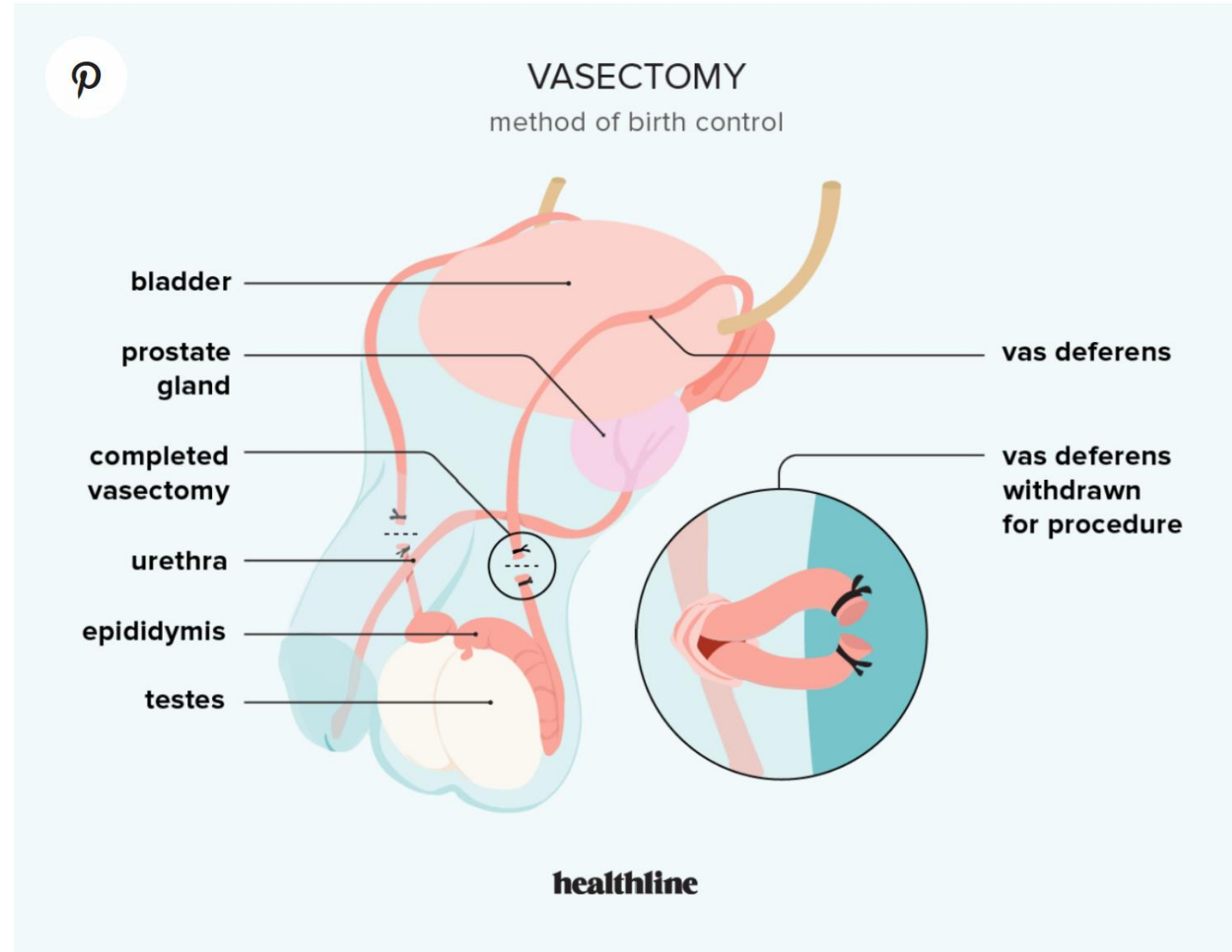
Reproductive Health Programs
Manager

What is a Vasectomy?

A vasectomy is a surgical procedure that prevents sperm from leaving the testicles and entering the semen, providing permanent birth control. Also known as male sterilization or "the snip," a vasectomy is more than 99% effective at preventing pregnancy.

Conventional: Scalpel

No-Scalpel: Clamps with a small hole



Four Reasons to Offer Vasectomy

Why we want to do this, and why you should too!

1. **Accessibility and Convenience**
2. **Reducing Healthcare Disparities**
3. **Cost-Effectiveness**
4. **Patient Education and Counseling**

Federal Rules for Payment of Sterilization

Federal funds can only be used to pay for the sterilization of an individual when:

- a) The individual is at least 21 years old at the time consent is obtained;
- b) The individual is not a mentally incompetent individual;
- c) The individual has voluntarily given informed consent in accordance with all the requirements prescribed in §§441.257 and 441.258; and
- d) At least 30 days, but not more than 180 days, have passed between the date of informed consent and the date of the sterilization, except in the case of premature delivery or emergency abdominal surgery. An individual may consent to be sterilized at the time of a premature delivery or emergency abdominal surgery, if at least 72 hours have passed since he or she gave informed consent for the sterilization. In the case of premature delivery, the informed consent must have been given at least 30 days before the expected date of delivery.

Source: 42 CFR §441.253

Common Questions and Concerns

Will a vasectomy affect my sex life?: No

Will I need to stay in the hospital after a vasectomy?: No

Does a vasectomy cause cancer?: No

Does a vasectomy affect testosterone levels?: No

Does a vasectomy affect sex drive?: No

Can a vasectomy be reversed?: Not always

Do vasectomies protect against STDs?: No



Program Plan



Research

Research and Collaboration with the NVPCA. Environmental scan. Is there a need in our community?



Initiation

Stakeholder engagement, provider champion. Goals and objectives. "Goal: provide our community with vasectomy as part of our family planning initiatives- no matter what"



Planning

Policy/ Procedure, SFDS, board approval, Department focus, credentialing, Front Office, Call Center, MA, Provider, Scheduling, Marketing, Pharmacy, Billing



Implementation

Pilot, Re-evaluate process, Training, Expansion

Story Time:

Prom Date

Married Life

Community- WFF



COMMUNITY
HEALTH
ALLIANCE

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