

## Title X in Iowa Improving Public Health and Saving Taxpayer Dollars

**Between FY2010 - FY2013, funding for Title X was cut by \$39.2 million—  
12.3% in three fiscal years.**

### Title X Served 55,936 Iowans in 2013

The Family Planning Council of Iowa and the Iowa Department of Public Health are the two Title X grantees in Iowa, supporting 53 Title X-funded health centers across the state including county health departments, college-based health centers, Planned Parenthood of the Heartland, and other private non-profits.<sup>i</sup> The Title X network served 52,551 women and 3,385 men, for a total of 55,936 Iowans in 2013.<sup>ii</sup>

*Title X provides high-quality family planning services and other preventive health care to low-income and uninsured individuals who may otherwise lack access to health care.*

- Of the 55,936 patients served, 60% had incomes at or below 100% of the federal poverty level (FPL), **meaning they earned \$11,490 a year or less.**<sup>iii</sup>
- **Eighty-two percent** of Title X patients in Iowa **earned less than \$28,725** a year (250% of the FPL).<sup>iv</sup>

### Title X Saves Iowans' Taxpayer Dollars

Title X supports critical infrastructure needs that are not reimbursable under Medicaid and commercial insurance, such as staff salaries, individual patient education, community-level outreach, and public education about family planning, women's health, and sexual health issues. Without Title X, access to high-quality family planning services for low-income Iowans would not be possible.

- The average cost of a Medicaid-funded birth is \$12,613. In 2008 births resulting from unintended pregnancies cost Iowa's taxpayers \$132 million.<sup>v</sup>
- The Title X program helps alleviate the costs of unintended pregnancy through contraception, counseling, and other services.<sup>vi</sup>

*For more information, please contact the National Family Planning & Reproductive Health Association at (202) 293-3114 or visit [www.nationalfamilyplanning.org](http://www.nationalfamilyplanning.org).*

## Title X is Essential to Improving Public Health and Saving Taxpayer Dollars in Iowa

Cutting funding for family planning services will lead to more unintended pregnancies and higher health care costs in Iowa. Family planning helps women and families plan the timing and spacing of their pregnancies, which results in better educational attainment and economic security; these, in turn, are linked to better health outcomes for women and families.

- Family planning services at Iowa's Title X-funded health centers helped prevent 14,600 unintended pregnancies in 2012, which would likely have resulted in 7,200 unintended births and 5,000 abortions.<sup>vii</sup>
- Without publicly funded family planning, the number of unintended pregnancies in Iowa would be 69% higher.<sup>viii</sup>
- Title X-funded services produce significant cost savings to the federal and state governments; services provided at Title X-supported sites in Iowa accounted for \$96.8 million in such savings in 2010 alone.<sup>ix</sup>

### *Iowa's Title X-funded health centers provide a wide range of services:*

- Pregnancy testing
- Contraceptive services
- Pelvic exams
- Screening for cervical and breast cancer
- Screening for high blood pressure, anemia, and diabetes
- Screening for STDs and HIV/AIDS
- Infertility services
- Health education
- Referrals for other health and social services

**Additional cuts to Title X funding—especially in the current economy—would harm tens of thousands of low-income and poor families throughout Iowa, in turn costing, not saving, the federal government money.**

<sup>i</sup> US Department of Health and Human Services, Office of Population Affairs, "Title X Family Planning Database," accessed October 3, 2014, <https://opa-fpclinicfdb.icfwebsites.com>.

<sup>ii</sup> Fowler, C. I., Gable, J., & Wang, J. (2014, November). Family Planning Annual Report: 2013 national summary. Research Triangle Park, NC: RTI International. Accessed January 23, 2015. <http://www.hhs.gov/opa/pdfs/fpar-2013-national-summary.pdf>.

<sup>iii</sup> *Ibid.*

<sup>iv</sup> *Ibid.*

<sup>v</sup> Guttmacher Institute, *Public Costs for Unplanned Pregnancy and the Role of Public Insurance plans in Paying for Pregnancy and Infant Care* (2008), accessed October 3, 2014, <http://www.guttmacher.org/pubs/public-costs-of-UP.pdf>.

<sup>vi</sup> Guttmacher Institute, *State Facts About Title X and Family Planning: Iowa* (2012), accessed October 3, 2014, <http://www.guttmacher.org/statecenter/title-X/AL.html>.

<sup>vii</sup> Guttmacher Institute, *Contraceptive Needs and Services, 2010*, accessed October 3, 2014, <http://www.guttmacher.org/pubs/win/contraceptive-needs-2010.pdf>.

<sup>viii</sup> Guttmacher Institute, *State Facts About Title X and Family Planning: Iowa*.

<sup>ix</sup> *Ibid.*

<sup>x</sup> *Ibid.*