

## Title X in Connecticut Improving Public Health and Saving Taxpayer Dollars

**Between FY2010 - FY2013, funding for Title X was cut by \$39.2 million—  
12.3% in three fiscal years.**

### Title X Served 40,072 Connecticut Residents in 2013

Planned Parenthood of Southern New England, Inc. is the sole Title X grantee in Connecticut, supporting 15 Title X-funded health centers across the state.<sup>i</sup> The Title X network served 35,313 women and 4,759 men, for a total of 40,072 residents of Connecticut in 2013.<sup>ii</sup>

*Title X provides high-quality family planning services and other preventive health care to low-income and uninsured individuals who may otherwise lack access to health care.*

- Of the 40,072 patients served, 42% had incomes at or below 100% of the federal poverty level (FPL), ***meaning they earned \$11,490 a year or less.***<sup>iii</sup>
- ***Ninety-one percent*** of Title X patients in Connecticut ***earned less than \$28,725*** a year (250% of the FPL).<sup>iv</sup>

### Title X Saves Connecticut Residents' Taxpayer Dollars

Title X-funded health centers help Connecticut's residents plan and space the timing of their births through contraception and treatment of infertility, which has a direct impact on women's health and the outcome of each pregnancy. Without Title X, access to high-quality family planning services for low-income Connecticut residents would not be possible.

- The average cost of a Medicaid-funded birth is \$12,613.<sup>v</sup> In 2012, births resulting from unintended pregnancies cost Connecticut's taxpayers \$177.6 million.<sup>vi</sup>
- The Title X program helps alleviate the costs of unintended pregnancy through contraception, counseling, and other services.<sup>vii</sup>

## Title X is Essential to Improving Public Health and Saving Taxpayer Dollars in Connecticut

Cutting funding for family planning services will lead to more unintended pregnancies and higher health care costs in Connecticut. Family planning helps women and families plan the timing and spacing of their pregnancies, which results in better educational attainment and economic security; these, in turn, are linked to better health outcomes for women and families.

➤ Family planning services at Connecticut's Title X-funded health centers helped prevent 9,800 unintended pregnancies in 2012, which would likely have resulted in 4,900 unintended births and 3,300 abortions.<sup>viii</sup>

➤ Without publicly funded family planning, the number of unintended pregnancies in Connecticut would be 23% higher.<sup>ix</sup>

➤ Title X-funded services produce significant cost savings to the federal and state governments; services provided at Title X-supported sites in Connecticut accounted for \$67.7 million in such savings in 2010 alone.<sup>x</sup>

### *Connecticut's Title X-funded health centers provide a wide range of services:*

- Pregnancy testing
- Contraceptive services
- Pelvic exams
- Screening for cervical and breast cancer
- Screening for high blood pressure, anemia, and diabetes
- Screening for STDs and HIV/AIDS
- Infertility services
- Health education
- Referrals for other health and social services

**Additional cuts to Title X funding—especially in the current economy—would harm tens of thousands of low-income and poor families throughout Connecticut, in turn costing, not saving, the federal government money.**

<sup>i</sup> US Department of Health and Human Services, Office of Population Affairs, "Title X Family Planning Database," accessed September 25, 2014, <https://opa-fpclinicfdb.icfwebservices.com>.

<sup>ii</sup> Fowler, C. I., Gable, J., & Wang, J. (2014, November). Family Planning Annual Report: 2013 national summary. Research Triangle Park, NC: RTI International. Accessed January 16, 2015. <http://www.hhs.gov/opa/pdfs/fpar-2013-national-summary.pdf>.

<sup>iii</sup> *Ibid.*

<sup>iv</sup> *Ibid.*

<sup>v</sup> Guttmacher Institute, *Public Costs for Unplanned Pregnancy and the Role of Public Insurance plans in Paying for Pregnancy and Infant Care* (2008), accessed September 18, 2014, <http://www.guttmacher.org/pubs/public-costs-of-UP.pdf>

<sup>vi</sup> Guttmacher Institute, *State Facts About Title X and Family Planning: Connecticut* (2012), accessed September 25, 2014, <http://www.guttmacher.org/statecenter/title-X/CT.html>.

<sup>vii</sup> Guttmacher Institute, *Contraceptive Needs and Services, 2010*, accessed September 25, 2014, <http://www.guttmacher.org/pubs/win/contraceptive-needs-2010.pdf>.

<sup>viii</sup> Guttmacher Institute, *State Facts About Title X and Family Planning: Connecticut*.

<sup>ix</sup> *Ibid.*

<sup>x</sup> *Ibid.*