

## Title X in Arkansas Improving Public Health and Saving Taxpayer Dollars

**Between FY2010 - FY2013, funding for Title X was cut by \$39.2 million—  
12.3% in three fiscal years.**

### Title X Served 75,820 Arkansans in 2013

The Arkansas Department of Health Women's Health Section is the sole Title X grantee in Arkansas, supporting 91 Title X-funded health centers across the state ranging from county health departments, high school-and college-based health centers, and private non-profits.<sup>i</sup> The Title X network served 75,096 women and 724 men, for a total of 75,820 Arkansans in 2013.<sup>ii</sup>

*Title X provides high-quality family planning services and other preventive health care to low-income and uninsured individuals who may otherwise lack access to health care.*

- Of the 75,820 patients served, 66% had incomes at or below 100% of the federal poverty level (FPL), **meaning they earned \$11,490 a year or less.**<sup>iii</sup>
- **Eighty-nine percent** of Title X patients in Arkansas **earned less than \$28,725** a year (250% of the FPL).<sup>iv</sup>

### Title X Saves Arkansans' Taxpayer Dollars

Title X supports critical infrastructure needs that are not reimbursable under Medicaid and commercial insurance, such as staff salaries, individual patient education, community-level outreach, and public education about family planning, women's health, and sexual health issues. Without Title X, access to high-quality family planning services for low-income Arkansans would not be possible.

- The average cost of a Medicaid-funded birth is \$12,613<sup>v</sup>. In, 2008 births resulting from unintended pregnancies cost Arkansas's taxpayers \$ 184 million.<sup>vi</sup>
- The Title X program helps alleviate the costs of unintended pregnancy through contraception, counseling, and other services.<sup>vii</sup>

## Title X is Essential to Improving Public Health and Saving Taxpayer Dollars in Arkansas

Cutting funding for family planning services will lead to more unintended pregnancies and higher health care costs in Arkansas. Family planning helps women and families plan the timing and spacing of their pregnancies, which results in better educational attainment and economic security; these, in turn, are linked to better health outcomes for women, men, and families.

- Family planning services at Arkansas's Title X-funded health centers helped prevent 18,000 unintended pregnancies in 2012, which would likely have resulted in 8,900 unintended births and 6,100 abortions.<sup>viii</sup>
- Without publicly funded family planning, the number of unintended pregnancies in Arkansas would be 71% higher.<sup>ix</sup>
- Title X-funded services produce significant cost savings to the federal and state governments; services provided at Title X-supported sites in Arkansas accounted for nearly \$97.5million in such savings in 2010 alone.<sup>x</sup>

### *Arkansas's Title X-funded health centers provide a wide range of services:*

- Pregnancy testing
- Contraceptive services
- Pelvic exams
- Screening for cervical and breast cancer
- Screening for high blood pressure, anemia, and diabetes
- Screening for STDs and HIV/AIDS
- Infertility services
- Health education
- Referrals for other health and social services

**Additional cuts to Title X funding—especially in the current economy—would harm tens of thousands of low-income and poor families throughout Arkansas, in turn costing, not saving, the federal government money.**

<sup>i</sup> US Department of Health and Human Services, Office of Population Affairs, "Title X Family Planning Database," accessed September 25, 2014 <https://opa-fpclinicsdb.icfwebservices.com>.

<sup>ii</sup> Fowler, C. I., Gable, J., & Wang, J. (2014, November). Family Planning Annual Report: 2013 national summary. Research Triangle Park, NC: RTI International. Accessed January 16, 2015. <http://www.hhs.gov/opa/pdfs/fpar-2013-national-summary.pdf>.

<sup>iii</sup> *Ibid.*

<sup>iv</sup> *Ibid.*

<sup>v</sup> Guttmacher Institute, *Public Costs for Unplanned Pregnancy and the Role of Public Insurance plans in Paying for Pregnancy and Infant Care* (2008), accessed September 18, 2014, [://www.guttmacher.org/pubs/public-costs-of-UP.pdf](http://www.guttmacher.org/pubs/public-costs-of-UP.pdf).

<sup>vi</sup> Guttmacher Institute, *State Facts About Title X and Family Planning: Arkansas* (2012), accessed September 19, 2014 <http://www.guttmacher.org/statecenter/title-X/AR.html>.

<sup>vii</sup> Guttmacher Institute, *Contraceptive Needs and Services, 2010*, accessed September 19, 2014 <http://www.guttmacher.org/pubs/win/contraceptive-needs-2010.pdf>.

<sup>viii</sup> Guttmacher Institute, *State Facts About Title X and Family Planning: Arkansas*.

<sup>ix</sup> *Ibid.*

<sup>x</sup> *Ibid.*