

# Title X in Florida Improving Public Health and Saving Taxpayer Dollars

Between FY2010 - FY2013, funding for Title X was cut by \$39.2 million—12.3% in three fiscal years.

#### Title X Served 185,273 Floridians in 2013

Community Health Centers, Inc., the Florida Department of Health, and Planned Parenthood of South Florida and the Treasure Coast, Inc. are the Title X grantee in Florida, supporting 157 Title X-funded health centers across the state including federally qualified health centers, hospitals, college-based health centers, Planned Parenthood health centers, and other private non-profits. The Title X network served 180,359 women and 4,914 men, for a total of 185,273 Florida residents in 2013.

Title X provides high-quality family planning services and other preventive health care to low-income and uninsured individuals who may otherwise lack access to health care.

- Of the 185,273 patients served, 59% had incomes at or below 100% of the federal poverty level (FPL), *meaning they earned* \$11,490 a year or less.<sup>iii</sup>
- > Seventy-nine percent of Title X patients in Florida earned less than \$28,725 a year (250% of the FPL).iv

#### Title X Saves Florida's Taxpayer Dollars

Title X supports critical infrastructure needs that are not reimbursable under Medicaid and commercial insurance, such as staff salaries, individual patient education, community-level outreach, and public education about family planning, women's health, and sexual health issues. Without Title X, access to high-quality family planning services for low-income Florida residents would not be possible.

- The average cost of a Medicaid-funded birth is \$12,613. In 2008, births resulting from unintended pregnancies cost Florida's taxpayers \$ 715 million. i
- The Title X program helps alleviate the costs of unintended pregnancy through contraception, counseling, and other services. vii

### Title X is Essential to Improving Public Health and Saving Taxpayer Dollars in Florida

Cutting funding for family planning services will lead to more unintended pregnancies and higher health care costs in Florida. Family planning helps women and families plan the timing and spacing of their pregnancies, which results in better educational attainment and economic security; these, in turn, are linked to better health outcomes for women, men, and families.

- Family planning services at Florida's Title X-funded health centers helped prevent 47,300 unintended pregnancies in 2012, which would likely have resulted in 23,500 unintended births and 16,100 abortions.
- Without publicly funded family planning, the number of unintended pregnancies in Florida would be 23% higher.ix
- Title X-funded services produce significant cost savings to the federal and state governments; services provided at Title X-supported sites in Florida accounted for mo

## Florida's Title X-funded health centers provide a wide range of services:

- Pregnancy testing
- Contraceptive services
- Pelvic exams
- Screening for cervical and breast cancer
- Screening for high blood pressure, anemia, and diabetes
- Screening for STDs and HIV/AIDS
- Infertility services
- Health education
- Referrals for other health and social services

supported sites in Florida accounted for more than \$145.4 million in such savings in 2010 alone.x

Additional cuts to Title X funding—especially in the current economy—would harm tens of thousands of low-income and poor families throughout Florida, in turn costing, not saving, the federal government money.

<sup>&</sup>lt;sup>1</sup> US Department of Health and Human Services, Office of Population Affairs, "Title X Family Planning Database," accessed February 28, 2014, https://opa-fpclinicsdb.icfwebservices.com.

Fowler, C. I., Gable, J., & Wang, J. (2014, November). Family Planning Annual Report: 2013 national summary. Research Triangle Park, NC: RTI International. Accessed January 23, 2015. http://www.hhs.gov/opa/pdfs/fpar-2013-national-summary.pdf.

iii Ibid.

iv Ibid.

<sup>&</sup>lt;sup>v</sup> Guttmacher Institute, *Public Costs for Unplanned Pregnancy and the Role of Public Insurance plans in Paying for Pregnancy and Infant Care* (2008), accessed September 25, 2014, <a href="http://www.guttmacher.org/pubs/public-costs-of-UP.pdf">http://www.guttmacher.org/pubs/public-costs-of-UP.pdf</a>

<sup>&</sup>lt;sup>vi</sup> Guttmacher Institute, *State Facts About Title X and Family Planning: Florida* (2012), accessed September 17, 2014, http://www.guttmacher.org/statecenter/title-X/FL.html.

vii Guttmacher Institute, Contraceptive Needs and Services, 2010, accessed September 17, 2014, http://www.guttmacher.org/pubs/win/contraceptive-needs-2010.pdf.

vii Guttmacher Institute, State Facts About Title X and Family Planning: Florida.

ix Ibid.

x Ibid.