

Title X in Maine Improving Public Health and Saving Taxpayer Dollars

**Between FY2010 - FY2013, funding for Title X was cut by \$39.2 million—
12.3% in three fiscal years.**

Title X Served 23,418 Maine Residents in 2013

The Family Planning Association of Maine is the sole Title X grantee in Maine, supporting 41 Title X-funded health centers across the state.ⁱ The Title X network served 21,012 women and 2,406 men, for a total of 23,418 residents of Maine in 2013.ⁱⁱ

Title X provides high-quality family planning services and other preventive health care to low-income and uninsured individuals who may otherwise lack access to health care.

- Of the 23,418 patients served, 49% had incomes at or below 100% of the federal poverty level (FPL), ***meaning they earned \$11,490 a year or less.***ⁱⁱⁱ
- ***Eighty-five percent*** of Title X patients in Maine ***earned less than \$28,725*** a year (250% of the FPL).^{iv}

Title X Saves Maine Residents' Taxpayer Dollars

Title X supports critical infrastructure needs that are not reimbursable under Medicaid and commercial insurance, such as staff salaries, individual patient education, community-level outreach, and public education about family planning, women's health, and sexual health issues. Without Title X, access to high-quality family planning services for low-income Maine residents would not be possible.

- The average cost of a Medicaid-funded birth is \$12,613.^v In 2008, births resulting from unintended pregnancies cost Maine's taxpayers \$ 33 million.^{vi}
- The Title X program helps alleviate these costs by preventing unintended pregnancy through contraception, counseling, and other services.^{vii}

Title X is Essential to Improving Public Health and Saving Taxpayer Dollars in Maine

Cutting funding for family planning services will lead to more unintended pregnancies and higher health care costs in Maine. Family planning helps women and families plan the timing and spacing of their pregnancies, which results in better educational attainment and economic security; these, in turn, are linked to better health outcomes for women and families.

➤ Family planning services at Maine's Title X-funded health centers helped prevent 5,900 unintended pregnancies in 2012, which would likely have resulted in 2,900 unintended births and 2,000 abortions.^{viii}

➤ Without publicly funded family planning, the number of unintended pregnancies in Maine would be 63% higher.^{ix}

➤ Title X-funded services produce significant cost savings to the federal and state governments; services provided at Title X-supported sites in Maine accounted for \$19.8 million in such savings in 2010 alone.^x

Maine's Title X-funded health centers provide a wide range of services:

- Pregnancy testing
- Contraceptive services
- Pelvic exams
- Screening for cervical and breast cancer
- Screening for high blood pressure, anemia, and diabetes
- Screening for STDs and HIV/AIDS
- Infertility services
- Health education
- Referrals for other health and social services

Additional cuts to Title X funding—especially in the current economy—would harm tens of thousands of low-income and poor families throughout Maine, in turn costing, not saving, the federal government money.

ⁱ US Department of Health and Human Services, Office of Population Affairs, "Title X Family Planning Database," accessed October 3, 2014, <https://opa-fpclinicfdb.icfwebservices.com>.

ⁱⁱ Fowler, C. I., Gable, J., & Wang, J. (2014, November). Family Planning Annual Report: 2013 national summary. Research Triangle Park, NC: RTI International. Accessed January 23, 2015. <http://www.hhs.gov/opa/pdfs/fpar-2013-national-summary.pdf>.

ⁱⁱⁱ *Ibid.*

^{iv} *Ibid.*

^v Guttmacher Institute, *Public Costs for Unplanned Pregnancy and the Role of Public Insurance plans in Paying for Pregnancy and Infant Care* (2008), accessed September 18, 2014, [://www.guttmacher.org/pubs/public-costs-of-UP.pdf](http://www.guttmacher.org/pubs/public-costs-of-UP.pdf)

^{vi} Guttmacher Institute, *State Facts About Title X and Family Planning: Maine* (2012), accessed October 3, 2014, <http://www.guttmacher.org/statecenter/title-X/ME.html>

^{vii} Guttmacher Institute, *Contraceptive Needs and Services, 2010*, accessed October 3, 2014, <http://www.guttmacher.org/pubs/win/contraceptive-needs-2010.pdf>

^{viii} Guttmacher Institute, *State Facts About Title X and Family Planning: Maine*

^{ix} *Ibid.*

^x *Ibid.*